US HARBORS www.USHarbors.com

Alcatraz Island, CA - Jan 1787

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**8:31**	6.9	**10:56**	4.8	**2:14**	2.9	**3:43**	-1.2	7:32	5:09	
2	Tue	**9:24**	7.1	**11:43**	5.0	**3:13**	2.9	**4:31**	-1.5	7:33	5:09	
3	Wed	**10:16**	7.1			**4:10**	2.8	**5:18**	-1.6	7:33	5:10	
4	Thu	**12:28**	5.2	**11:07 AM**	7.0	**5:05**	2.7	**6:02**	-1.5	7:33	5:11	
5	Fri	**1:10**	5.3	**11:58 AM**	6.6	**5:59**	2.5	**6:45**	-1.2	7:33	5:12	
6	Sat	**1:51**	5.4	**12:48**	6.1	**6:54**	2.3	**7:26**	-0.8	7:33	5:13	
7	Sun	**2:31**	5.5	**1:39**	5.5	**7:52**	2.2	**8:07**	-0.2	7:33	5:14	
8	Mon	**3:10**	5.5	**2:33**	4.9	**8:53**	2.0	**8:48**	0.5	7:33	5:15	
9	Tue	**3:50**	5.6	**3:36**	4.2	**9:58**	1.8	**9:30**	1.2	7:32	5:16	
10	Wed	**4:31**	5.6	**4:55**	3.7	**11:08**	1.6	**10:18**	1.9	7:32	5:17	
11	Thu	**5:14**	5.6	**6:35**	3.5			**12:17**	1.3	7:32	5:18	
12	Fri	**5:59**	5.6	**8:15**	3.7			**1:19**	0.9	7:32	5:19	
13	Sat	**6:46**	5.7	**9:26**	4.0	**12:21**	2.9	**2:13**	0.5	7:32	5:20	
14	Sun	**7:33**	5.8	**10:16**	4.2	**1:26**	3.1	**2:59**	0.2	7:31	5:21	
15	Mon	**8:18**	5.9	**10:55**	4.4	**2:22**	3.2	**3:39**	-0.1	7:31	5:22	
16	Tue	**9:01**	6.1	**11:28**	4.6	**3:09**	3.2	**4:15**	-0.3	7:31	5:23	
17	Wed	**9:43**	6.1	**11:57**	4.7	**3:51**	3.1	**4:48**	-0.5	7:30	5:24	
18	Thu	**10:22**	6.2			**4:29**	3.0	**5:20**	-0.6	7:30	5:25	
19	Fri	**12:26**	4.8	**11:02 AM**	6.2	**5:06**	2.8	**5:50**	-0.7	7:29	5:26	
20	Sat	**12:54**	4.9	**11:41 AM**	6.0	**5:44**	2.6	**6:21**	-0.6	7:29	5:27	
21	Sun	**1:22**	5.1	**12:22**	5.8	**6:24**	2.4	**6:53**	-0.4	7:28	5:28	
22	Mon	**1:52**	5.3	**1:07**	5.4	**7:09**	2.1	**7:27**	0.0	7:28	5:29	
23	Tue	**2:23**	5.5	**1:57**	4.9	**7:59**	1.8	**8:03**	0.5	7:27	5:30	
24	Wed	**2:57**	5.7	**2:59**	4.4	**8:57**	1.5	**8:43**	1.1	7:26	5:31	
25	Thu	**3:36**	5.8	**4:18**	3.9	**10:04**	1.2	**9:29**	1.8	7:26	5:32	
26	Fri	**4:22**	6.0	**6:00**	3.7	**11:18**	0.8	**10:28**	2.4	7:25	5:34	
27	Sat	**5:16**	6.2	**7:43**	3.8			**12:34**	0.3	7:24	5:35	
28	Sun	**6:17**	6.3	**9:00**	4.2			**1:42**	-0.2	7:24	5:36	
29	Mon	**7:20**	6.5	**9:56**	4.6	**1:01**	3.1	**2:41**	-0.6	7:23	5:37	
30	Tue	**8:21**	6.7	**10:41**	4.9	**2:12**	3.0	**3:33**	-1.0	7:22	5:38	

Date		High				Low						
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31	Wed	**9:18**	6.7	**11:22**	5.1	**3:13**	2.7	**4:19**	-1.1	7:21	5:39	