US HARBORS www.USHarbors.com

Alcatraz Island, CA - Jun 1787

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri			1:14	4.4	5:53	-0.7	5:32	3.1	4:55	7:32	
2	Sat			1:51	4.4	6:26	-0.7	6:10	3.1	4:55	7:33	
3	Sun			2:28	4.4	7:01	-0.7	6:51	3.1	4:54	7:33	
4	Mon	12:37	5.5	3:04	4.5	7:37	-0.6	7:37	3.1	4:54	7:34	
5	Tue	1:17	5.2	3:41	4.5	8:14	-0.4	8:30	3.0	4:54	7:35	
6	Wed	2:02	4.9	4:19	4.7	8:54	-0.2	9:34	2.8	4:54	7:35	
7	Thu	2:55	4.5	4:58	4.9	9:37	0.2	10:44	2.5	4:53	7:36	
8	Fri	4:01	4.1	5:37	5.1	10:24	0.6	11:53	1.9	4:53	7:36	
9	Sat	5:23	3.8	6:16	5.5	11:14	1.1			4:53	7:37	
10	Sun	6:53	3.7	6:57	5.9	12:54	1.2	12:08	1.5	4:53	7:37	
11	Mon	8:19	3.8	7:39	6.3	1:48	0.5	1:03	2.0	4:53	7:38	
12	Tue	9:32	4.1	8:24	6.6	2:39	-0.3	1:59	2.3	4:53	7:38	
13	Wed	10:35	4.4	9:12	6.9	3:28	-1.0	2:53	2.6	4:53	7:39	
14	Thu	11:31	4.7	10:01	7.1	4:17	-1.5	3:48	2.7	4:53	7:39	
15	Fri			12:22	4.9	5:06	-1.8	4:44	2.7	4:53	7:40	
16	Sat			1:11	5.0	5:55	-1.9	5:40	2.7	4:53	7:40	
17	Sun			1:58	5.1	6:44	-1.7	6:40	2.6	4:53	7:40	
18	Mon	12:38	6.5	2:44	5.2	7:32	-1.4	7:43	2.5	4:53	7:41	
19	Tue	1:34	6.0	3:30	5.4	8:19	-0.9	8:52	2.3	4:53	7:41	
20	Wed	2:32	5.3	4:16	5.5	9:07	-0.3	10:05	2.0	4:54	7:41	
21	Thu	3:37	4.6	5:02	5.6	9:55	0.3	11:19	1.7	4:54	7:41	
22	Fri	4:54	4.1	5:48	5.7	10:46	1.0			4:54	7:41	
23	Sat	6:22	3.7	6:32	5.8	12:29	1.2	11:41 AM	1.7	4:54	7:42	
24	Sun	7:54	3.7	7:15	5.9	1:30	0.8	12:37	2.2	4:55	7:42	
25	Mon	9:11	3.9	7:55	6.0	2:23	0.3	1:32	2.6	4:55	7:42	
26	Tue	10:12	4.1	8:34	6.0	3:09	0.0	2:24	2.9	4:55	7:42	
27	Wed	11:01	4.3	9:13	6.1	3:50	-0.2	3:12	3.1	4:56	7:42	
28	Thu	11:42	4.4	9:50	6.1	4:27	-0.4	3:55	3.1	4:56	7:42	
29	Fri			12:19	4.5	5:01	-0.5	4:35	3.2	4:56	7:42	
30	Sat			12:51	4.6	5:34	-0.6	5:13	3.1	4:57	7:42	