US HARBORS www.USHarbors.com

Alcatraz Island, CA - Aug 1787

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:08	5.7	1:32	5.3	6:37	-0.1	6:51	2.1	5:19	7:25	
2	Thu	12:51	5.4	2:01	5.5	7:08	0.3	7:37	1.9	5:20	7:24	
3	Fri	1:39	5.0	2:33	5.7	7:42	0.7	8:29	1.6	5:21	7:23	
4	Sat	2:35	4.6	3:09	5.9	8:19	1.3	9:30	1.3	5:22	7:22	
5	Sun	3:45	4.1	3:51	6.0	9:02	1.9	10:39	1.0	5:23	7:21	
6	Mon	5:16	3.8	4:42	6.2	9:55	2.5	11:53	0.6	5:24	7:20	
7	Tue	6:58	3.9	5:41	6.3	11:04	2.9			5:24	7:19	
8	Wed	8:22	4.1	6:45	6.5	1:04	0.2	12:22	3.1	5:25	7:18	
9	Thu	9:23	4.5	7:48	6.7	2:06	-0.3	1:35	3.1	5:26	7:16	
10	Fri	10:10	4.8	8:48	6.8	3:01	-0.7	2:39	2.8	5:27	7:15	
11	Sat	10:52	5.1	9:44	6.9	3:50	-0.9	3:36	2.5	5:28	7:14	
12	Sun	11:31	5.3	10:38	6.7	4:34	-0.9	4:30	2.1	5:29	7:13	
13	Mon			12:08	5.5	5:16	-0.7	5:21	1.8	5:30	7:12	
14	Tue			12:44	5.7	5:56	-0.4	6:12	1.5	5:30	7:10	
15	Wed	12:20	6.0	1:19	5.8	6:34	0.1	7:03	1.3	5:31	7:09	
16	Thu	1:12	5.5	1:54	5.9	7:12	0.6	7:55	1.2	5:32	7:08	
17	Fri	2:06	5.0	2:29	5.9	7:50	1.3	8:49	1.1	5:33	7:07	
18	Sat	3:06	4.5	3:07	5.8	8:31	1.9	9:49	1.1	5:34	7:05	
19	Sun	4:19	4.1	3:50	5.7	9:18	2.5	10:56	1.1	5:35	7:04	
20	Mon	5:52	3.9	4:40	5.6	10:19	3.0			5:36	7:03	
21	Tue	7:30	4.0	5:37	5.5	12:05	1.0	11:37 AM	3.3	5:37	7:01	
22	Wed	8:38	4.2	6:37	5.6	1:10	0.8	12:51	3.3	5:37	7:00	
23	Thu	9:24	4.4	7:34	5.7	2:05	0.6	1:50	3.2	5:38	6:59	
24	Fri	9:59	4.6	8:24	5.8	2:50	0.4	2:39	3.0	5:39	6:57	
25	Sat	10:28	4.7	9:10	5.9	3:28	0.2	3:20	2.7	5:40	6:56	
26	Sun	10:54	4.9	9:53	5.9	4:01	0.1	3:57	2.4	5:41	6:54	
27	Mon	11:19	5.0	10:35	5.9	4:32	0.1	4:33	2.1	5:42	6:53	
28	Tue	11:45	5.2	11:18	5.8	5:02	0.1	5:09	1.8	5:43	6:52	
29	Wed			12:11	5.5	5:31	0.3	5:48	1.5	5:43	6:50	
30	Thu	12:02	5.6	12:39	5.7	6:02	0.6	6:29	1.1	5:44	6:49	
31	Fri	12:50	5.3	1:10	5.9	6:35	1.1	7:14	0.9	5:45	6:47	