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# Alcatraz Island, CA - Jan 1788

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Tue | 6:04 | 6.0 | 7:29 | 3.8 | | | 1:04 | 0.8 | 7:32 | 5:08 | |
| 2 | Wed | 6:52 | 6.0 | 8:51 | 4.0 | 12:13 | 2.3 | 2:03 | 0.4 | 7:33 | 5:09 | |
| 3 | Thu | 7:39 | 6.1 | 9:53 | 4.3 | 1:16 | 2.7 | 2:53 | 0.1 | 7:33 | 5:10 | |
| 4 | Fri | 8:23 | 6.1 | 10:43 | 4.5 | 2:14 | 2.9 | 3:36 | -0.2 | 7:33 | 5:11 | |
| 5 | Sat | 9:04 | 6.1 | 11:24 | 4.6 | 3:05 | 3.0 | 4:14 | -0.3 | 7:33 | 5:12 | |
| 6 | Sun | 9:43 | 6.1 | 11:59 | 4.7 | 3:49 | 3.0 | 4:49 | -0.4 | 7:33 | 5:13 | |
| 7 | Mon | 10:21 | 6.1 | | | 4:30 | 3.0 | 5:21 | -0.5 | 7:33 | 5:14 | |
| 8 | Tue | 12:31 | 4.8 | 10:57 AM | 6.0 | 5:07 | 2.9 | 5:51 | -0.5 | 7:33 | 5:15 | |
| 9 | Wed | 12:59 | 4.8 | 11:33 AM | 5.9 | 5:43 | 2.8 | 6:21 | -0.4 | 7:32 | 5:15 | |
| 10 | Thu | 1:27 | 4.9 | 12:10 | 5.7 | 6:20 | 2.7 | 6:50 | -0.3 | 7:32 | 5:16 | |
| 11 | Fri | 1:55 | 5.0 | 12:47 | 5.4 | 6:59 | 2.6 | 7:20 | 0.0 | 7:32 | 5:17 | |
| 12 | Sat | 2:24 | 5.1 | 1:28 | 5.0 | 7:42 | 2.4 | 7:53 | 0.3 | 7:32 | 5:18 | |
| 13 | Sun | 2:55 | 5.2 | 2:16 | 4.6 | 8:32 | 2.2 | 8:27 | 0.8 | 7:32 | 5:19 | |
| 14 | Mon | 3:29 | 5.4 | 3:16 | 4.1 | 9:30 | 2.0 | 9:07 | 1.3 | 7:31 | 5:20 | |
| 15 | Tue | 4:07 | 5.5 | 4:37 | 3.7 | 10:36 | 1.6 | 9:54 | 1.9 | 7:31 | 5:21 | |
| 16 | Wed | 4:51 | 5.7 | 6:19 | 3.6 | 11:48 | 1.1 | 10:53 | 2.4 | 7:31 | 5:22 | |
| 17 | Thu | 5:42 | 6.0 | 7:57 | 3.8 | | | 12:56 | 0.6 | 7:30 | 5:24 | |
| 18 | Fri | 6:38 | 6.3 | 9:10 | 4.1 | 12:03 | 2.8 | 1:56 | -0.1 | 7:30 | 5:25 | |
| 19 | Sat | 7:36 | 6.6 | 10:05 | 4.5 | 1:15 | 2.9 | 2:51 | -0.6 | 7:29 | 5:26 | |
| 20 | Sun | 8:33 | 6.8 | 10:51 | 4.8 | 2:20 | 2.9 | 3:41 | -1.1 | 7:29 | 5:27 | |
| 21 | Mon | 9:29 | 7.0 | 11:33 | 5.1 | 3:19 | 2.7 | 4:28 | -1.4 | 7:28 | 5:28 | |
| 22 | Tue | 10:22 | 7.0 | | | 4:14 | 2.4 | 5:13 | -1.5 | 7:28 | 5:29 | |
| 23 | Wed | 12:13 | 5.4 | 11:15 AM | 6.9 | 5:09 | 2.1 | 5:56 | -1.3 | 7:27 | 5:30 | |
| 24 | Thu | 12:53 | 5.6 | 12:07 | 6.5 | 6:03 | 1.8 | 6:38 | -1.0 | 7:27 | 5:31 | |
| 25 | Fri | 1:32 | 5.8 | 1:00 | 6.0 | 6:58 | 1.5 | 7:19 | -0.4 | 7:26 | 5:32 | |
| 26 | Sat | 2:11 | 5.9 | 1:56 | 5.4 | 7:55 | 1.4 | 8:01 | 0.2 | 7:25 | 5:33 | |
| 27 | Sun | 2:52 | 5.9 | 2:56 | 4.7 | 8:56 | 1.2 | 8:44 | 1.0 | 7:25 | 5:34 | |
| 28 | Mon | 3:34 | 5.9 | 4:08 | 4.1 | 10:02 | 1.1 | 9:32 | 1.7 | 7:24 | 5:36 | |
| 29 | Tue | 4:20 | 5.9 | 5:38 | 3.8 | 11:14 | 1.0 | 10:30 | 2.3 | 7:23 | 5:37 | |
| 30 | Wed | 5:10 | 5.8 | 7:20 | 3.8 | | | 12:25 | 0.8 | 7:22 | 5:38 | |
| 31 | Thu | 6:05 | 5.7 | 8:42 | 4.0 | | | 1:31 | 0.6 | 7:21 | 5:39 | |