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# Alcatraz Island, CA - Jul 1788

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Tue | **10:46** | 4.5 | **9:15** | 6.9 | **3:34** | -0.8 | **3:00** | 2.8 | 4:58 | 7:42 | |
| 2 | Wed | **11:34** | 4.7 | **10:06** | 7.0 | **4:21** | -1.3 | **3:54** | 2.8 | 4:58 | 7:42 | |
| 3 | Thu | | | **12:18** | 5.0 | **5:07** | -1.5 | **4:49** | 2.6 | 4:59 | 7:42 | |
| 4 | Fri | | | **1:01** | 5.2 | **5:53** | -1.6 | **5:45** | 2.4 | 4:59 | 7:41 | |
| 5 | Sat | | | **1:44** | 5.4 | **6:38** | -1.4 | **6:43** | 2.2 | 5:00 | 7:41 | |
| 6 | Sun | **12:45** | 6.4 | **2:26** | 5.6 | **7:23** | -1.1 | **7:45** | 2.0 | 5:00 | 7:41 | |
| 7 | Mon | **1:42** | 5.9 | **3:10** | 5.8 | **8:09** | -0.5 | **8:52** | 1.7 | 5:01 | 7:41 | |
| 8 | Tue | **2:43** | 5.2 | **3:55** | 5.9 | **8:55** | 0.1 | **10:03** | 1.5 | 5:02 | 7:40 | |
| 9 | Wed | **3:53** | 4.5 | **4:42** | 6.1 | **9:44** | 0.9 | **11:18** | 1.1 | 5:02 | 7:40 | |
| 10 | Thu | **5:16** | 4.0 | **5:32** | 6.1 | **10:39** | 1.6 | | | 5:03 | 7:40 | |
| 11 | Fri | **6:50** | 3.9 | **6:22** | 6.2 | **12:29** | 0.8 | **11:40 AM** | 2.2 | 5:03 | 7:39 | |
| 12 | Sat | **8:18** | 4.0 | **7:13** | 6.2 | **1:33** | 0.4 | **12:45** | 2.6 | 5:04 | 7:39 | |
| 13 | Sun | **9:28** | 4.2 | **8:01** | 6.2 | **2:29** | 0.1 | **1:47** | 2.9 | 5:05 | 7:38 | |
| 14 | Mon | **10:22** | 4.5 | **8:47** | 6.2 | **3:17** | -0.1 | **2:43** | 3.0 | 5:06 | 7:38 | |
| 15 | Tue | **11:06** | 4.6 | **9:29** | 6.2 | **3:58** | -0.3 | **3:31** | 3.0 | 5:06 | 7:37 | |
| 16 | Wed | **11:44** | 4.7 | **10:09** | 6.1 | **4:36** | -0.4 | **4:15** | 3.0 | 5:07 | 7:37 | |
| 17 | Thu | | | **12:17** | 4.8 | **5:09** | -0.4 | **4:54** | 2.9 | 5:08 | 7:36 | |
| 18 | Fri | | | **12:47** | 4.8 | **5:41** | -0.4 | **5:32** | 2.8 | 5:08 | 7:36 | |
| 19 | Sat | | | **1:14** | 4.9 | **6:11** | -0.3 | **6:10** | 2.7 | 5:09 | 7:35 | |
| 20 | Sun | **12:00** | 5.7 | **1:40** | 5.0 | **6:40** | -0.1 | **6:48** | 2.5 | 5:10 | 7:34 | |
| 21 | Mon | **12:38** | 5.4 | **2:08** | 5.1 | **7:09** | 0.1 | **7:30** | 2.4 | 5:11 | 7:34 | |
| 22 | Tue | **1:18** | 5.1 | **2:37** | 5.2 | **7:39** | 0.5 | **8:16** | 2.2 | 5:12 | 7:33 | |
| 23 | Wed | **2:03** | 4.7 | **3:08** | 5.4 | **8:12** | 0.9 | **9:08** | 2.0 | 5:12 | 7:32 | |
| 24 | Thu | **2:58** | 4.2 | **3:44** | 5.6 | **8:48** | 1.4 | **10:09** | 1.7 | 5:13 | 7:31 | |
| 25 | Fri | **4:09** | 3.9 | **4:26** | 5.7 | **9:31** | 1.9 | **11:17** | 1.3 | 5:14 | 7:31 | |
| 26 | Sat | **5:42** | 3.6 | **5:14** | 5.9 | **10:24** | 2.4 | | | 5:15 | 7:30 | |
| 27 | Sun | **7:21** | 3.7 | **6:09** | 6.2 | **12:25** | 0.9 | **11:31 AM** | 2.8 | 5:16 | 7:29 | |
| 28 | Mon | **8:40** | 4.0 | **7:06** | 6.4 | **1:27** | 0.3 | **12:42** | 3.0 | 5:16 | 7:28 | |
| 29 | Tue | **9:37** | 4.4 | **8:04** | 6.7 | **2:23** | -0.2 | **1:48** | 3.0 | 5:17 | 7:27 | |
| 30 | Wed | **10:24** | 4.7 | **9:01** | 6.9 | **3:14** | -0.7 | **2:48** | 2.8 | 5:18 | 7:26 | |
| 31 | Thu | **11:07** | 5.0 | **9:56** | 7.0 | **4:02** | -1.0 | **3:45** | 2.5 | 5:19 | 7:25 | |