US HARBORS www.USHarbors.com

Alcatraz Island, CA - May 1789

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:10	5.2	5:36	4.6	10:05	-0.4	10:43	2.6	5:19	7:07	
2	Sat	4:22	4.9	6:29	4.8	11:07	-0.2			5:18	7:08	
3	Sun	5:42	4.6	7:17	5.2	12:04	2.1	12:08	0.1	5:17	7:09	
4	Mon	7:03	4.5	8:01	5.6	1:13	1.5	1:06	0.4	5:16	7:10	
5	Tue	8:18	4.5	8:42	5.9	2:11	0.7	1:58	0.7	5:15	7:11	
6	Wed	9:26	4.6	9:22	6.2	3:03	0.0	2:48	1.1	5:14	7:11	
7	Thu	10:28	4.7	10:01	6.4	3:52	-0.6	3:35	1.4	5:13	7:12	
8	Fri	11:25	4.8	10:41	6.5	4:38	-1.0	4:22	1.8	5:11	7:13	
9	Sat			12:19	4.8	5:23	-1.2	5:09	2.1	5:11	7:14	
10	Sun			1:12	4.8	6:07	-1.2	5:56	2.3	5:10	7:15	
11	Mon	12:01	6.2	2:03	4.7	6:51	-1.1	6:46	2.6	5:09	7:16	
12	Tue	12:43	5.9	2:54	4.7	7:35	-0.9	7:40	2.7	5:08	7:17	
13	Wed	1:26	5.5	3:45	4.6	8:20	-0.6	8:40	2.8	5:07	7:18	
14	Thu	2:13	5.1	4:37	4.5	9:08	-0.2	9:49	2.8	5:06	7:19	
15	Fri	3:06	4.6	5:28	4.6	9:59	0.1	11:03	2.6	5:05	7:19	
16	Sat	4:07	4.2	6:14	4.7	10:52	0.5			5:04	7:20	
17	Sun	5:19	3.9	6:54	4.8	12:12	2.3	11:45 AM	0.8	5:03	7:21	
18	Mon	6:36	3.7	7:29	5.0	1:11	1.8	12:35	1.1	5:03	7:22	
19	Tue	7:50	3.7	8:02	5.3	2:01	1.3	1:22	1.4	5:02	7:23	
20	Wed	8:55	3.8	8:34	5.5	2:43	0.8	2:05	1.7	5:01	7:24	
21	Thu	9:51	4.0	9:06	5.7	3:21	0.4	2:46	2.0	5:01	7:24	
22	Fri	10:42	4.2	9:40	5.9	3:57	-0.1	3:25	2.2	5:00	7:25	
23	Sat	11:29	4.3	10:15	6.1	4:32	-0.5	4:05	2.4	4:59	7:26	
24	Sun			12:15	4.5	5:08	-0.8	4:46	2.6	4:59	7:27	
25	Mon			1:00	4.6	5:46	-1.1	5:28	2.7	4:58	7:28	
26	Tue			1:46	4.7	6:27	-1.2	6:15	2.7	4:58	7:28	
27	Wed	12:17	6.1	2:32	4.7	7:10	-1.2	7:07	2.7	4:57	7:29	
28	Thu	1:05	5.9	3:20	4.8	7:56	-1.1	8:08	2.7	4:57	7:30	
29	Fri	1:59	5.6	4:09	5.0	8:46	-0.8	9:18	2.5	4:56	7:30	
30	Sat	3:00	5.1	4:58	5.2	9:38	-0.4	10:36	2.2	4:56	7:31	
31	Sun	4:11	4.6	5:47	5.4	10:33	0.1	11:53	1.6	4:55	7:32	