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# Alcatraz Island, CA - Sep 1790

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Wed | **5:44** | 3.9 | **4:39** | 5.4 | **10:21** | 3.0 | **11:52** | 1.2 | 5:46 | 6:45 | |
| 2 | Thu | **7:08** | 4.0 | **5:40** | 5.4 | **11:38** | 3.1 | | | 5:47 | 6:44 | |
| 3 | Fri | **8:10** | 4.2 | **6:41** | 5.6 | **12:55** | 0.9 | **12:48** | 3.1 | 5:48 | 6:42 | |
| 4 | Sat | **8:55** | 4.5 | **7:40** | 5.8 | **1:48** | 0.6 | **1:45** | 2.8 | 5:49 | 6:41 | |
| 5 | Sun | **9:32** | 4.8 | **8:34** | 6.0 | **2:33** | 0.3 | **2:34** | 2.5 | 5:50 | 6:39 | |
| 6 | Mon | **10:07** | 5.1 | **9:26** | 6.2 | **3:15** | 0.0 | **3:19** | 2.0 | 5:51 | 6:38 | |
| 7 | Tue | **10:40** | 5.4 | **10:17** | 6.2 | **3:54** | -0.1 | **4:04** | 1.5 | 5:51 | 6:36 | |
| 8 | Wed | **11:15** | 5.7 | **11:09** | 6.2 | **4:33** | 0.0 | **4:49** | 1.1 | 5:52 | 6:35 | |
| 9 | Thu | **11:50** | 6.0 | | | **5:13** | 0.2 | **5:37** | 0.6 | 5:53 | 6:33 | |
| 10 | Fri | **12:01** | 6.0 | **12:28** | 6.2 | **5:53** | 0.5 | **6:26** | 0.3 | 5:54 | 6:32 | |
| 11 | Sat | **12:57** | 5.7 | **1:08** | 6.4 | **6:36** | 1.0 | **7:19** | 0.1 | 5:55 | 6:30 | |
| 12 | Sun | **1:55** | 5.3 | **1:52** | 6.4 | **7:21** | 1.5 | **8:16** | 0.1 | 5:56 | 6:29 | |
| 13 | Mon | **3:01** | 5.0 | **2:41** | 6.3 | **8:12** | 2.0 | **9:20** | 0.1 | 5:57 | 6:27 | |
| 14 | Tue | **4:14** | 4.7 | **3:37** | 6.2 | **9:13** | 2.5 | **10:31** | 0.2 | 5:57 | 6:25 | |
| 15 | Wed | **5:36** | 4.5 | **4:42** | 5.9 | **10:30** | 2.8 | **11:46** | 0.3 | 5:58 | 6:24 | |
| 16 | Thu | **6:55** | 4.7 | **5:53** | 5.8 | **11:55** | 2.8 | | | 5:59 | 6:22 | |
| 17 | Fri | **8:00** | 4.9 | **7:03** | 5.7 | **12:55** | 0.3 | **1:09** | 2.6 | 6:00 | 6:21 | |
| 18 | Sat | **8:51** | 5.1 | **8:06** | 5.7 | **1:54** | 0.3 | **2:10** | 2.3 | 6:01 | 6:19 | |
| 19 | Sun | **9:33** | 5.3 | **9:01** | 5.7 | **2:43** | 0.3 | **3:02** | 1.9 | 6:02 | 6:18 | |
| 20 | Mon | **10:09** | 5.4 | **9:51** | 5.6 | **3:25** | 0.4 | **3:46** | 1.6 | 6:03 | 6:16 | |
| 21 | Tue | **10:41** | 5.5 | **10:36** | 5.5 | **4:02** | 0.6 | **4:26** | 1.3 | 6:03 | 6:15 | |
| 22 | Wed | **11:09** | 5.5 | **11:19** | 5.4 | **4:36** | 0.8 | **5:02** | 1.1 | 6:04 | 6:13 | |
| 23 | Thu | **11:35** | 5.6 | | | **5:08** | 1.1 | **5:37** | 0.9 | 6:05 | 6:11 | |
| 24 | Fri | **12:00** | 5.2 | **12:01** | 5.6 | **5:39** | 1.4 | **6:10** | 0.8 | 6:06 | 6:10 | |
| 25 | Sat | **12:41** | 5.0 | **12:27** | 5.6 | **6:10** | 1.8 | **6:45** | 0.7 | 6:07 | 6:08 | |
| 26 | Sun | **1:23** | 4.8 | **12:56** | 5.6 | **6:42** | 2.1 | **7:21** | 0.7 | 6:08 | 6:07 | |
| 27 | Mon | **2:09** | 4.5 | **1:29** | 5.5 | **7:17** | 2.4 | **8:02** | 0.8 | 6:09 | 6:05 | |
| 28 | Tue | **3:01** | 4.3 | **2:07** | 5.4 | **7:56** | 2.7 | **8:50** | 0.8 | 6:10 | 6:04 | |
| 29 | Wed | **4:03** | 4.2 | **2:53** | 5.3 | **8:45** | 3.0 | **9:47** | 0.9 | 6:10 | 6:02 | |
| 30 | Thu | **5:15** | 4.1 | **3:49** | 5.1 | **9:52** | 3.2 | **10:51** | 0.9 | 6:11 | 6:01 | |