US HARBORS www.USHarbors.com

Alcatraz Island, CA - Oct 1790

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:26	4.2	4:56	5.1	11:15	3.2	11:57	0.7	6:12	5:59	
2	Sat	7:22	4.5	6:06	5.1			12:28	2.9	6:13	5:58	
3	Sun	8:06	4.8	7:13	5.3	12:56	0.6	1:26	2.5	6:14	5:56	
4	Mon	8:43	5.1	8:15	5.5	1:47	0.5	2:16	1.9	6:15	5:55	
5	Tue	9:19	5.5	9:14	5.6	2:33	0.4	3:02	1.3	6:16	5:53	
6	Wed	9:54	5.8	10:10	5.7	3:16	0.5	3:48	0.6	6:17	5:52	
7	Thu	10:30	6.2	11:05	5.7	3:58	0.6	4:34	0.0	6:18	5:50	
8	Fri	11:08	6.5			4:41	0.9	5:21	-0.4	6:19	5:49	
9	Sat	12:01	5.6	11:48 AM	6.6	5:24	1.3	6:10	-0.7	6:20	5:47	
10	Sun	12:58	5.5	12:31	6.7	6:10	1.7	7:02	-0.8	6:20	5:46	
11	Mon	1:57	5.3	1:17	6.5	7:00	2.1	7:57	-0.7	6:21	5:44	
12	Tue	3:00	5.0	2:09	6.3	7:57	2.5	8:56	-0.4	6:22	5:43	
13	Wed	4:08	4.9	3:08	5.9	9:06	2.8	10:02	-0.1	6:23	5:41	
14	Thu	5:20	4.9	4:15	5.5	10:29	2.8	11:11	0.2	6:24	5:40	
15	Fri	6:28	5.0	5:30	5.2	11:53	2.6			6:25	5:39	
16	Sat	7:26	5.1	6:44	5.0	12:17	0.4	1:04	2.3	6:26	5:37	
17	Sun	8:13	5.3	7:52	5.0	1:16	0.6	2:02	1.8	6:27	5:36	
18	Mon	8:53	5.5	8:52	5.0	2:05	0.8	2:51	1.4	6:28	5:35	
19	Tue	9:26	5.6	9:44	5.0	2:48	1.0	3:33	1.0	6:29	5:33	
20	Wed	9:56	5.7	10:31	4.9	3:26	1.2	4:10	0.7	6:30	5:32	
21	Thu	10:23	5.7	11:15	4.9	4:01	1.5	4:44	0.5	6:31	5:31	
22	Fri	10:49	5.8	11:57	4.8	4:34	1.8	5:16	0.3	6:32	5:29	
23	Sat	11:15	5.8			5:06	2.1	5:48	0.2	6:33	5:28	
24	Sun	12:38	4.8	11:43 AM	5.8	5:39	2.4	6:20	0.1	6:34	5:27	
25	Mon	1:20	4.7	12:14	5.7	6:12	2.6	6:55	0.1	6:35	5:26	
26	Tue	2:04	4.6	12:48	5.6	6:49	2.8	7:33	0.1	6:36	5:24	
27	Wed	2:52	4.5	1:27	5.4	7:30	3.0	8:16	0.2	6:37	5:23	
28	Thu	3:45	4.4	2:13	5.2	8:21	3.2	9:06	0.3	6:38	5:22	
29	Fri	4:43	4.4	3:08	5.0	9:29	3.2	10:02	0.4	6:39	5:21	
30	Sat	5:39	4.6	4:16	4.8	10:49	3.0	11:03	0.5	6:40	5:20	
31	Sun	6:30	4.8	5:33	4.7			12:04	2.6	6:41	5:19	