US HARBORS www.USHarbors.com

Alcatraz Island, CA - Nov 1790

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**7:14**	5.1	**6:50**	4.7	**12:03**	0.6	**1:06**	2.0	6:42	5:17	
2	Tue	**7:55**	5.5	**8:01**	4.8	**12:59**	0.7	**1:58**	1.3	6:44	5:16	
3	Wed	**8:33**	5.9	**9:07**	5.0	**1:50**	0.9	**2:47**	0.5	6:45	5:15	
4	Thu	**9:12**	6.3	**10:07**	5.2	**2:38**	1.1	**3:34**	-0.2	6:46	5:14	
5	Fri	**9:51**	6.6	**11:05**	5.3	**3:25**	1.4	**4:21**	-0.8	6:47	5:13	
6	Sat	**10:33**	6.9			**4:12**	1.7	**5:08**	-1.2	6:48	5:12	
7	Sun	**12:02**	5.3	**11:16 AM**	6.9	**5:00**	2.0	**5:56**	-1.3	6:49	5:11	
8	Mon	**12:57**	5.3	**12:02**	6.8	**5:50**	2.2	**6:46**	-1.3	6:50	5:11	
9	Tue	**1:53**	5.2	**12:51**	6.6	**6:44**	2.5	**7:37**	-1.1	6:51	5:10	
10	Wed	**2:51**	5.2	**1:43**	6.1	**7:44**	2.7	**8:31**	-0.7	6:52	5:09	
11	Thu	**3:50**	5.1	**2:41**	5.6	**8:54**	2.8	**9:29**	-0.3	6:53	5:08	
12	Fri	**4:50**	5.1	**3:46**	5.1	**10:14**	2.7	**10:29**	0.2	6:54	5:07	
13	Sat	**5:48**	5.2	**4:59**	4.6	**11:35**	2.4	**11:30**	0.6	6:55	5:06	
14	Sun	**6:41**	5.3	**6:18**	4.4			**12:45**	2.0	6:56	5:06	
15	Mon	**7:27**	5.5	**7:34**	4.3	**12:27**	1.0	**1:44**	1.5	6:58	5:05	
16	Tue	**8:05**	5.6	**8:40**	4.3	**1:19**	1.3	**2:33**	1.1	6:59	5:04	
17	Wed	**8:39**	5.7	**9:37**	4.4	**2:06**	1.6	**3:15**	0.6	7:00	5:04	
18	Thu	**9:10**	5.8	**10:27**	4.5	**2:47**	1.9	**3:52**	0.3	7:01	5:03	
19	Fri	**9:39**	5.9	**11:12**	4.6	**3:26**	2.2	**4:26**	0.0	7:02	5:02	
20	Sat	**10:08**	6.0	**11:54**	4.6	**4:02**	2.4	**4:58**	-0.1	7:03	5:02	
21	Sun	**10:39**	6.0			**4:38**	2.6	**5:29**	-0.3	7:04	5:01	
22	Mon	**12:34**	4.7	**11:11 AM**	6.0	**5:13**	2.8	**6:01**	-0.4	7:05	5:01	
23	Tue	**1:13**	4.7	**11:45 AM**	5.9	**5:49**	2.9	**6:34**	-0.4	7:06	5:00	
24	Wed	**1:53**	4.7	**12:21**	5.8	**6:28**	3.0	**7:11**	-0.4	7:07	5:00	
25	Thu	**2:35**	4.7	**1:01**	5.6	**7:11**	3.1	**7:51**	-0.3	7:08	4:59	
26	Fri	**3:19**	4.7	**1:46**	5.3	**8:03**	3.1	**8:34**	-0.1	7:09	4:59	
27	Sat	**4:05**	4.8	**2:40**	5.0	**9:06**	3.0	**9:23**	0.1	7:10	4:59	
28	Sun	**4:52**	5.0	**3:47**	4.6	**10:20**	2.7	**10:17**	0.5	7:11	4:58	
29	Mon	**5:39**	5.2	**5:07**	4.3	**11:35**	2.2	**11:14**	0.8	7:12	4:58	
30	Tue	**6:24**	5.5	**6:33**	4.2			**12:42**	1.6	7:13	4:58	