US HARBORS www.USHarbors.com

Alcatraz Island, CA - Jan 1791

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:16	6.7	10:08	4.7	1:47	2.3	3:12	-0.6	7:32	5:09	
2	Sun	9:06	6.9	11:01	5.0	2:46	2.4	4:00	-1.0	7:33	5:09	
3	Mon	9:55	7.0	11:50	5.2	3:41	2.4	4:47	-1.2	7:33	5:10	
4	Tue	10:44	6.9			4:35	2.4	5:31	-1.3	7:33	5:11	
5	Wed	12:35	5.3	11:31 AM	6.7	5:27	2.4	6:14	-1.1	7:33	5:12	
6	Thu	1:18	5.4	12:18	6.3	6:19	2.3	6:56	-0.9	7:33	5:13	
7	Fri	2:00	5.4	1:05	5.8	7:12	2.3	7:37	-0.5	7:33	5:14	
8	Sat	2:41	5.4	1:53	5.3	8:07	2.2	8:18	0.0	7:33	5:15	
9	Sun	3:21	5.4	2:46	4.7	9:07	2.2	9:00	0.6	7:32	5:16	
10	Mon	4:03	5.4	3:47	4.2	10:12	2.1	9:46	1.2	7:32	5:17	
11	Tue	4:45	5.4	5:03	3.8	11:22	1.8	10:38	1.8	7:32	5:18	
12	Wed	5:30	5.4	6:34	3.6			12:29	1.5	7:32	5:19	
13	Thu	6:16	5.5	8:03	3.7			1:28	1.1	7:32	5:20	
14	Fri	7:02	5.6	9:10	4.0	12:39	2.6	2:19	0.8	7:31	5:21	
15	Sat	7:47	5.8	10:00	4.2	1:36	2.7	3:02	0.4	7:31	5:22	
16	Sun	8:30	5.9	10:40	4.4	2:28	2.8	3:40	0.1	7:31	5:23	
17	Mon	9:12	6.1	11:16	4.6	3:13	2.8	4:15	-0.2	7:30	5:24	
18	Tue	9:52	6.2	11:50	4.8	3:54	2.8	4:48	-0.5	7:30	5:25	
19	Wed	10:33	6.3			4:33	2.6	5:20	-0.6	7:29	5:26	
20	Thu	12:23	5.0	11:13 AM	6.2	5:12	2.5	5:54	-0.7	7:29	5:27	
21	Fri	12:56	5.1	11:55 AM	6.1	5:53	2.3	6:28	-0.6	7:28	5:28	
22	Sat	1:29	5.3	12:39	5.9	6:37	2.1	7:05	-0.4	7:28	5:29	
23	Sun	2:05	5.4	1:27	5.5	7:26	1.9	7:44	0.0	7:27	5:30	
24	Mon	2:43	5.6	2:21	5.0	8:21	1.7	8:26	0.5	7:26	5:31	
25	Tue	3:24	5.7	3:27	4.5	9:24	1.5	9:13	1.0	7:26	5:33	
26	Wed	4:11	5.9	4:49	4.1	10:35	1.2	10:09	1.6	7:25	5:34	
27	Thu	5:03	6.0	6:24	3.9	11:51	0.8	11:15	2.2	7:24	5:35	
28	Fri	6:01	6.2	7:54	4.1			1:03	0.3	7:24	5:36	
29	Sat	7:01	6.3	9:05	4.4	12:29	2.5	2:06	-0.1	7:23	5:37	
30	Sun	8:00	6.5	10:01	4.8	1:40	2.6	3:00	-0.5	7:22	5:38	
31	Mon	8:55	6.6	10:48	5.0	2:43	2.5	3:49	-0.8	7:21	5:39	