US HARBORS www.USHarbors.com

Alcatraz Island, CA - Mar 1791

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	8:48	6.0	10:23	5.2	2:46	2.2	3:30	-0.4	6:47	6:10	
2	Wed	9:41	6.0	11:00	5.3	3:38	1.9	4:12	-0.3	6:46	6:11	
3	Thu	10:30	5.9	11:35	5.4	4:24	1.6	4:50	-0.2	6:45	6:12	
4	Fri	11:15	5.7			5:07	1.3	5:26	0.0	6:43	6:13	
5	Sat	12:06	5.5	11:58 AM	5.5	5:47	1.1	6:00	0.3	6:42	6:14	
6	Sun	12:36	5.5	12:41	5.2	6:26	1.0	6:33	0.7	6:40	6:15	
7	Mon	1:04	5.4	1:24	4.8	7:05	0.9	7:06	1.1	6:39	6:16	
8	Tue	1:33	5.4	2:09	4.5	7:45	0.9	7:41	1.6	6:37	6:17	
9	Wed	2:04	5.3	3:00	4.1	8:28	0.9	8:19	2.0	6:36	6:18	
10	Thu	2:39	5.2	4:02	3.9	9:18	1.0	9:03	2.4	6:34	6:19	
11	Fri	3:21	5.1	5:21	3.7	10:17	1.0	10:04	2.8	6:33	6:20	
12	Sat	4:13	5.0	6:47	3.8	11:24	1.0	11:23	2.9	6:31	6:21	
13	Sun	5:15	4.9	7:55	4.0			12:31	0.8	6:30	6:22	
14	Mon	6:20	5.0	8:42	4.2	12:39	2.9	1:29	0.6	6:28	6:23	
15	Tue	7:23	5.1	9:19	4.5	1:39	2.6	2:17	0.3	6:27	6:24	
16	Wed	8:19	5.3	9:52	4.8	2:28	2.3	2:59	0.1	6:25	6:25	
17	Thu	9:12	5.5	10:24	5.1	3:12	1.8	3:37	-0.1	6:24	6:26	
18	Fri	10:02	5.7	10:56	5.4	3:53	1.3	4:15	-0.1	6:22	6:26	
19	Sat	10:52	5.7	11:30	5.7	4:35	0.8	4:53	0.1	6:21	6:27	
20	Sun	11:42	5.6			5:18	0.4	5:32	0.3	6:19	6:28	
21	Mon	12:05	5.9	12:35	5.5	6:04	0.0	6:13	0.7	6:18	6:29	
22	Tue	12:43	6.1	1:30	5.2	6:53	-0.3	6:56	1.1	6:16	6:30	
23	Wed	1:24	6.2	2:30	4.9	7:45	-0.4	7:43	1.6	6:15	6:31	
24	Thu	2:09	6.1	3:37	4.5	8:43	-0.4	8:39	2.1	6:13	6:32	
25	Fri	3:01	5.9	4:54	4.4	9:47	-0.2	9:48	2.4	6:12	6:33	
26	Sat	4:03	5.7	6:14	4.4	10:59	-0.1	11:13	2.6	6:10	6:34	
27	Sun	5:13	5.4	7:25	4.6			12:12	0.0	6:08	6:35	
28	Mon	6:27	5.3	8:23	4.9	12:37	2.4	1:18	0.0	6:07	6:36	
29	Tue	7:38	5.2	9:09	5.1	1:46	2.1	2:14	0.0	6:05	6:36	
30	Wed	8:40	5.2	9:48	5.3	2:43	1.6	3:01	0.1	6:04	6:37	
31	Thu	9:35	5.2	10:23	5.4	3:32	1.2	3:42	0.3	6:02	6:38	