US HARBORS www.USHarbors.com

Alcatraz Island, CA - May 1791

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:08	4.5	10:39	5.6	4:37	0.1	4:21	1.6	5:20	7:06	
2	Mon	11:52	4.5	11:06	5.6	5:11	-0.1	4:56	1.9	5:18	7:07	
3	Tue			12:34	4.5	5:43	-0.2	5:30	2.1	5:17	7:08	
4	Wed			1:15	4.4	6:15	-0.3	6:05	2.4	5:16	7:09	
5	Thu	12:05	5.5	1:57	4.4	6:49	-0.3	6:42	2.6	5:15	7:10	
6	Fri	12:38	5.4	2:41	4.3	7:24	-0.3	7:22	2.7	5:14	7:11	
7	Sat	1:14	5.3	3:29	4.3	8:04	-0.2	8:10	2.9	5:13	7:12	
8	Sun	1:56	5.0	4:20	4.3	8:48	-0.1	9:09	2.9	5:12	7:13	
9	Mon	2:45	4.8	5:12	4.4	9:37	0.0	10:22	2.8	5:11	7:14	
10	Tue	3:44	4.5	6:03	4.5	10:32	0.2	11:37	2.5	5:10	7:15	
11	Wed	4:55	4.3	6:48	4.8	11:29	0.4			5:09	7:15	
12	Thu	6:13	4.2	7:30	5.1	12:41	2.0	12:26	0.5	5:08	7:16	
13	Fri	7:29	4.3	8:10	5.5	1:36	1.4	1:19	0.7	5:07	7:17	
14	Sat	8:39	4.4	8:49	5.9	2:26	0.6	2:09	1.0	5:06	7:18	
15	Sun	9:43	4.6	9:29	6.3	3:13	-0.1	2:58	1.2	5:05	7:19	
16	Mon	10:43	4.8	10:10	6.5	4:00	-0.7	3:46	1.5	5:05	7:20	
17	Tue	11:40	4.9	10:54	6.7	4:47	-1.2	4:35	1.7	5:04	7:21	
18	Wed			12:35	5.0	5:35	-1.6	5:26	2.0	5:03	7:22	
19	Thu			1:30	5.1	6:24	-1.7	6:20	2.2	5:02	7:22	
20	Fri	12:29	6.5	2:25	5.1	7:15	-1.6	7:18	2.3	5:02	7:23	
21	Sat	1:20	6.2	3:21	5.1	8:07	-1.3	8:24	2.4	5:01	7:24	
22	Sun	2:16	5.7	4:19	5.1	9:01	-0.9	9:39	2.4	5:00	7:25	
23	Mon	3:17	5.2	5:15	5.1	9:58	-0.4	10:58	2.2	5:00	7:26	
24	Tue	4:26	4.6	6:10	5.3	10:57	0.1			4:59	7:26	
25	Wed	5:43	4.2	6:59	5.4	12:13	1.9	11:55 AM	0.5	4:58	7:27	
26	Thu	7:03	4.0	7:43	5.5	1:19	1.4	12:50	1.0	4:58	7:28	
27	Fri	8:16	4.0	8:22	5.7	2:14	0.9	1:41	1.3	4:57	7:29	
28	Sat	9:20	4.1	8:56	5.7	3:01	0.5	2:26	1.7	4:57	7:29	
29	Sun	10:15	4.2	9:28	5.8	3:41	0.2	3:09	2.0	4:56	7:30	
30	Mon	11:03	4.3	9:59	5.8	4:18	-0.1	3:48	2.2	4:56	7:31	
31	Tue	11:47	4.4	10:30	5.8	4:52	-0.3	4:26	2.4	4:55	7:32	