US HARBORS www.USHarbors.com

Alcatraz Island, CA - Aug 1791

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon			1:10	5.2	6:12	-0.3	6:19	2.2	5:19	7:25	
2	Tue	12:22	5.9	1:44	5.4	6:46	-0.1	7:04	2.0	5:20	7:24	
3	Wed	1:08	5.6	2:19	5.6	7:23	0.2	7:55	1.8	5:21	7:23	
4	Thu	1:58	5.2	2:57	5.7	8:02	0.6	8:52	1.6	5:22	7:22	
5	Fri	2:58	4.7	3:40	5.9	8:46	1.1	9:57	1.3	5:23	7:21	
6	Sat	4:12	4.3	4:30	6.0	9:37	1.7	11:09	1.0	5:24	7:20	
7	Sun	5:40	4.1	5:25	6.2	10:39	2.2			5:24	7:19	
8	Mon	7:10	4.1	6:25	6.4	12:22	0.6	11:50 AM	2.5	5:25	7:18	
9	Tue	8:27	4.4	7:26	6.5	1:28	0.2	1:02	2.6	5:26	7:16	
10	Wed	9:27	4.7	8:24	6.7	2:26	-0.2	2:08	2.6	5:27	7:15	
11	Thu	10:17	5.0	9:19	6.8	3:18	-0.5	3:07	2.4	5:28	7:14	
12	Fri	11:01	5.3	10:11	6.7	4:05	-0.7	4:00	2.2	5:29	7:13	
13	Sat	11:42	5.5	11:01	6.5	4:49	-0.7	4:51	1.9	5:30	7:12	
14	Sun			12:20	5.6	5:30	-0.5	5:40	1.7	5:31	7:10	
15	Mon			12:57	5.7	6:10	-0.2	6:28	1.6	5:31	7:09	
16	Tue	12:37	5.9	1:33	5.7	6:48	0.2	7:16	1.5	5:32	7:08	
17	Wed	1:25	5.4	2:09	5.7	7:27	0.7	8:06	1.5	5:33	7:07	
18	Thu	2:15	4.9	2:45	5.6	8:07	1.2	8:59	1.5	5:34	7:05	
19	Fri	3:11	4.5	3:24	5.5	8:49	1.8	9:58	1.5	5:35	7:04	
20	Sat	4:19	4.1	4:08	5.5	9:39	2.3	11:05	1.4	5:36	7:03	
21	Sun	5:42	3.9	4:58	5.4	10:40	2.7			5:37	7:01	
22	Mon	7:10	4.0	5:53	5.4	12:12	1.3	11:50 AM	2.9	5:37	7:00	
23	Tue	8:20	4.2	6:50	5.5	1:13	1.1	12:57	3.0	5:38	6:59	
24	Wed	9:09	4.4	7:43	5.7	2:05	0.8	1:52	2.9	5:39	6:57	
25	Thu	9:47	4.6	8:32	5.8	2:48	0.5	2:39	2.7	5:40	6:56	
26	Fri	10:20	4.8	9:18	6.0	3:26	0.3	3:21	2.5	5:41	6:54	
27	Sat	10:51	5.0	10:01	6.0	4:01	0.2	3:59	2.2	5:42	6:53	
28	Sun	11:21	5.2	10:45	6.1	4:34	0.1	4:37	1.9	5:43	6:51	
29	Mon	11:52	5.4	11:29	6.0	5:07	0.1	5:17	1.6	5:44	6:50	
30	Tue			12:24	5.6	5:41	0.2	5:58	1.3	5:44	6:49	
31	Wed	12:16	5.8	12:58	5.8	6:17	0.5	6:44	1.0	5:45	6:47	