US HARBORS www.USHarbors.com

# Alcatraz Island, CA - Jan 1792

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sun | 5:44 | 5.7 | 6:12 | 3.9 | | | 12:22 | 1.5 | 7:32 | 5:08 | |
| 2 | Mon | 6:33 | 5.8 | 7:39 | 3.9 | | | 1:26 | 1.1 | 7:33 | 5:09 | |
| 3 | Tue | 7:19 | 5.9 | 8:53 | 4.1 | 12:42 | 2.0 | 2:20 | 0.7 | 7:33 | 5:10 | |
| 4 | Wed | 8:01 | 5.9 | 9:52 | 4.3 | 1:38 | 2.4 | 3:05 | 0.3 | 7:33 | 5:11 | |
| 5 | Thu | 8:40 | 6.0 | 10:39 | 4.5 | 2:29 | 2.6 | 3:45 | 0.1 | 7:33 | 5:12 | |
| 6 | Fri | 9:18 | 6.1 | 11:20 | 4.6 | 3:15 | 2.7 | 4:20 | -0.1 | 7:33 | 5:13 | |
| 7 | Sat | 9:54 | 6.1 | 11:56 | 4.7 | 3:57 | 2.8 | 4:53 | -0.3 | 7:33 | 5:14 | |
| 8 | Sun | 10:30 | 6.1 | | | 4:35 | 2.8 | 5:24 | -0.4 | 7:33 | 5:15 | |
| 9 | Mon | 12:29 | 4.8 | 11:05 AM | 6.0 | 5:12 | 2.8 | 5:55 | -0.4 | 7:32 | 5:15 | |
| 10 | Tue | 1:01 | 4.9 | 11:41 AM | 5.9 | 5:49 | 2.7 | 6:25 | -0.4 | 7:32 | 5:16 | |
| 11 | Wed | 1:33 | 4.9 | 12:18 | 5.8 | 6:26 | 2.7 | 6:57 | -0.3 | 7:32 | 5:17 | |
| 12 | Thu | 2:05 | 5.0 | 12:57 | 5.5 | 7:07 | 2.6 | 7:30 | -0.1 | 7:32 | 5:18 | |
| 13 | Fri | 2:39 | 5.1 | 1:40 | 5.1 | 7:53 | 2.4 | 8:07 | 0.2 | 7:32 | 5:19 | |
| 14 | Sat | 3:16 | 5.2 | 2:31 | 4.7 | 8:46 | 2.3 | 8:48 | 0.6 | 7:31 | 5:20 | |
| 15 | Sun | 3:55 | 5.4 | 3:34 | 4.3 | 9:49 | 2.0 | 9:34 | 1.1 | 7:31 | 5:21 | |
| 16 | Mon | 4:40 | 5.5 | 4:56 | 3.9 | 10:59 | 1.7 | 10:29 | 1.6 | 7:31 | 5:23 | |
| 17 | Tue | 5:29 | 5.8 | 6:32 | 3.8 | | | 12:11 | 1.1 | 7:30 | 5:24 | |
| 18 | Wed | 6:22 | 6.0 | 8:01 | 4.0 | | | 1:16 | 0.5 | 7:30 | 5:25 | |
| 19 | Thu | 7:16 | 6.3 | 9:12 | 4.4 | 12:40 | 2.3 | 2:15 | -0.1 | 7:29 | 5:26 | |
| 20 | Fri | 8:11 | 6.6 | 10:09 | 4.7 | 1:46 | 2.5 | 3:07 | -0.7 | 7:29 | 5:27 | |
| 21 | Sat | 9:04 | 6.9 | 10:59 | 5.0 | 2:47 | 2.5 | 3:57 | -1.1 | 7:28 | 5:28 | |
| 22 | Sun | 9:56 | 7.0 | 11:44 | 5.3 | 3:43 | 2.3 | 4:44 | -1.3 | 7:28 | 5:29 | |
| 23 | Mon | 10:48 | 6.9 | | | 4:37 | 2.2 | 5:29 | -1.3 | 7:27 | 5:30 | |
| 24 | Tue | 12:28 | 5.5 | 11:38 AM | 6.7 | 5:30 | 2.0 | 6:13 | -1.2 | 7:27 | 5:31 | |
| 25 | Wed | 1:10 | 5.6 | 12:28 | 6.4 | 6:23 | 1.8 | 6:56 | -0.8 | 7:26 | 5:32 | |
| 26 | Thu | 1:51 | 5.7 | 1:19 | 5.9 | 7:17 | 1.7 | 7:39 | -0.3 | 7:25 | 5:33 | |
| 27 | Fri | 2:33 | 5.7 | 2:12 | 5.3 | 8:14 | 1.7 | 8:22 | 0.3 | 7:25 | 5:34 | |
| 28 | Sat | 3:15 | 5.7 | 3:11 | 4.7 | 9:16 | 1.6 | 9:08 | 0.9 | 7:24 | 5:36 | |
| 29 | Sun | 3:59 | 5.6 | 4:21 | 4.1 | 10:23 | 1.5 | 9:59 | 1.5 | 7:23 | 5:37 | |
| 30 | Mon | 4:46 | 5.6 | 5:46 | 3.8 | 11:34 | 1.4 | 10:58 | 2.1 | 7:22 | 5:38 | |
| 31 | Tue | 5:36 | 5.5 | 7:20 | 3.8 | | | 12:43 | 1.1 | 7:21 | 5:39 | |