US HARBORS www.USHarbors.com

Alcatraz Island, CA - Mar 1792

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:31	5.1	8:07	4.0			12:52	0.9	6:46	6:11	
2	Fri	6:33	5.1	8:59	4.2	12:46	2.8	1:49	0.7	6:45	6:12	
3	Sat	7:31	5.2	9:39	4.4	1:47	2.7	2:36	0.4	6:43	6:13	
4	Sun	8:23	5.3	10:11	4.6	2:37	2.5	3:16	0.3	6:42	6:14	
5	Mon	9:10	5.5	10:41	4.8	3:20	2.2	3:51	0.1	6:41	6:15	
6	Tue	9:53	5.6	11:09	5.0	3:57	2.0	4:24	0.0	6:39	6:16	
7	Wed	10:36	5.6	11:37	5.2	4:33	1.7	4:55	0.0	6:38	6:17	
8	Thu	11:18	5.6			5:08	1.3	5:27	0.1	6:36	6:18	
9	Fri	12:06	5.4	12:01	5.5	5:45	1.0	6:00	0.3	6:35	6:19	
10	Sat	12:37	5.5	12:47	5.3	6:25	0.7	6:35	0.7	6:33	6:20	
11	Sun	1:10	5.7	1:37	5.0	7:09	0.5	7:13	1.1	6:32	6:21	
12	Mon	1:47	5.8	2:34	4.6	7:58	0.3	7:55	1.5	6:30	6:22	
13	Tue	2:28	5.8	3:41	4.3	8:54	0.2	8:46	2.0	6:29	6:22	
14	Wed	3:17	5.7	5:01	4.1	9:59	0.2	9:50	2.4	6:27	6:23	
15	Thu	4:16	5.6	6:26	4.2	11:11	0.1	11:11	2.6	6:26	6:24	
16	Fri	5:25	5.6	7:41	4.4			12:25	0.0	6:24	6:25	
17	Sat	6:38	5.6	8:39	4.7	12:35	2.5	1:31	-0.2	6:23	6:26	
18	Sun	7:47	5.7	9:26	5.1	1:47	2.2	2:28	-0.3	6:21	6:27	
19	Mon	8:49	5.8	10:07	5.3	2:46	1.8	3:17	-0.3	6:20	6:28	
20	Tue	9:45	5.8	10:45	5.5	3:38	1.3	4:01	-0.3	6:18	6:29	
21	Wed	10:38	5.7	11:21	5.7	4:25	0.9	4:42	-0.1	6:17	6:30	
22	Thu	11:27	5.6	11:55	5.7	5:10	0.6	5:21	0.3	6:15	6:31	
23	Fri			12:16	5.3	5:53	0.4	5:59	0.7	6:13	6:32	
24	Sat	12:27	5.7	1:03	5.0	6:34	0.2	6:37	1.1	6:12	6:33	
25	Sun	1:00	5.6	1:52	4.7	7:16	0.2	7:16	1.6	6:10	6:34	
26	Mon	1:32	5.5	2:44	4.4	7:59	0.3	7:57	2.0	6:09	6:34	
27	Tue	2:07	5.3	3:43	4.1	8:46	0.4	8:45	2.4	6:07	6:35	
28	Wed	2:47	5.1	4:52	4.0	9:39	0.6	9:46	2.7	6:06	6:36	
29	Thu	3:35	4.9	6:09	3.9	10:40	0.7	11:03	2.9	6:04	6:37	
30	Fri	4:34	4.7	7:18	4.1	11:47	0.7			6:03	6:38	
31	Sat	5:41	4.6	8:08	4.3	12:20	2.8	12:49	0.7	6:01	6:39	