US HARBORS www.USHarbors.com

Alcatraz Island, CA - Mar 1794

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:56	6.5			4:43	1.5	5:21	-0.9	6:47	6:10	
2	Sun	12:07	5.6	11:49 AM	6.4	5:33	1.1	6:03	-0.7	6:46	6:11	
3	Mon	12:45	5.8	12:43	6.0	6:24	0.7	6:46	-0.2	6:44	6:12	
4	Tue	1:25	6.0	1:39	5.6	7:17	0.5	7:31	0.4	6:43	6:13	
5	Wed	2:06	6.0	2:41	5.0	8:14	0.4	8:18	1.0	6:41	6:14	
6	Thu	2:51	6.0	3:51	4.6	9:16	0.4	9:11	1.7	6:40	6:15	
7	Fri	3:40	5.8	5:14	4.2	10:25	0.4	10:17	2.2	6:38	6:16	
8	Sat	4:36	5.6	6:44	4.2	11:40	0.4	11:35	2.6	6:37	6:17	
9	Sun	5:40	5.5	8:02	4.4			12:52	0.3	6:35	6:18	
10	Mon	6:46	5.4	9:01	4.6	12:53	2.7	1:55	0.2	6:34	6:19	
11	Tue	7:48	5.4	9:46	4.8	1:59	2.5	2:47	0.1	6:32	6:20	
12	Wed	8:42	5.4	10:24	5.0	2:53	2.3	3:30	0.0	6:31	6:21	
13	Thu	9:30	5.4	10:56	5.0	3:38	2.1	4:07	0.0	6:29	6:22	
14	Fri	10:12	5.4	11:24	5.0	4:17	1.8	4:40	0.1	6:28	6:23	
15	Sat	10:52	5.3	11:50	5.1	4:53	1.6	5:10	0.3	6:26	6:24	
16	Sun	11:30	5.2			5:26	1.4	5:38	0.5	6:25	6:25	
17	Mon	12:14	5.1	12:08	5.1	5:58	1.2	6:06	0.7	6:23	6:26	
18	Tue	12:39	5.2	12:47	4.8	6:31	1.0	6:35	1.0	6:22	6:27	
19	Wed	1:05	5.2	1:28	4.6	7:06	0.8	7:05	1.4	6:20	6:28	
20	Thu	1:33	5.3	2:15	4.3	7:45	0.7	7:38	1.8	6:19	6:29	
21	Fri	2:05	5.3	3:10	4.1	8:29	0.7	8:16	2.2	6:17	6:29	
22	Sat	2:43	5.2	4:20	3.9	9:21	0.6	9:06	2.6	6:16	6:30	
23	Sun	3:30	5.2	5:45	3.8	10:24	0.5	10:14	2.9	6:14	6:31	
24	Mon	4:29	5.1	7:06	4.0	11:33	0.3	11:40	2.9	6:13	6:32	
25	Tue	5:38	5.2	8:07	4.3			12:41	0.1	6:11	6:33	
26	Wed	6:50	5.3	8:54	4.6	12:57	2.7	1:42	-0.2	6:10	6:34	
27	Thu	7:56	5.5	9:35	5.0	1:59	2.3	2:35	-0.4	6:08	6:35	
28	Fri	8:58	5.8	10:13	5.3	2:53	1.7	3:22	-0.5	6:07	6:36	
29	Sat	9:55	5.9	10:50	5.6	3:43	1.1	4:08	-0.5	6:05	6:37	
30	Sun	10:51	5.9	11:27	5.9	4:32	0.5	4:51	-0.3	6:03	6:38	
31	Mon	11:46	5.8			5:20	0.0	5:35	0.1	6:02	6:39	