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# Alcatraz Island, CA - Dec 1795

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Tue | 4:22 | 5.2 | 3:00 | 5.5 | 9:28 | 2.9 | 9:54 | -0.3 | 7:14 | 4:58 | |
| 2 | Wed | 5:21 | 5.3 | 4:09 | 4.9 | 10:50 | 2.8 | 10:55 | 0.2 | 7:15 | 4:58 | |
| 3 | Thu | 6:16 | 5.4 | 5:27 | 4.5 | | | 12:07 | 2.4 | 7:16 | 4:58 | |
| 4 | Fri | 7:05 | 5.5 | 6:49 | 4.2 | | | 1:14 | 1.9 | 7:17 | 4:57 | |
| 5 | Sat | 7:47 | 5.7 | 8:05 | 4.2 | 12:50 | 1.0 | 2:09 | 1.3 | 7:17 | 4:57 | |
| 6 | Sun | 8:23 | 5.8 | 9:10 | 4.2 | 1:39 | 1.4 | 2:55 | 0.8 | 7:18 | 4:57 | |
| 7 | Mon | 8:56 | 5.9 | 10:06 | 4.4 | 2:24 | 1.8 | 3:36 | 0.4 | 7:19 | 4:57 | |
| 8 | Tue | 9:25 | 6.0 | 10:56 | 4.5 | 3:05 | 2.1 | 4:12 | 0.1 | 7:20 | 4:57 | |
| 9 | Wed | 9:54 | 6.0 | 11:41 | 4.6 | 3:43 | 2.4 | 4:45 | -0.1 | 7:21 | 4:58 | |
| 10 | Thu | 10:24 | 6.1 | | | 4:20 | 2.7 | 5:17 | -0.3 | 7:22 | 4:58 | |
| 11 | Fri | 12:22 | 4.6 | 10:54 AM | 6.0 | 4:55 | 2.9 | 5:48 | -0.4 | 7:22 | 4:58 | |
| 12 | Sat | 1:02 | 4.7 | 11:27 AM | 6.0 | 5:31 | 3.1 | 6:21 | -0.5 | 7:23 | 4:58 | |
| 13 | Sun | 1:41 | 4.7 | 12:01 | 5.9 | 6:08 | 3.2 | 6:56 | -0.5 | 7:24 | 4:58 | |
| 14 | Mon | 2:20 | 4.7 | 12:38 | 5.7 | 6:48 | 3.2 | 7:33 | -0.5 | 7:25 | 4:58 | |
| 15 | Tue | 3:01 | 4.7 | 1:18 | 5.5 | 7:33 | 3.3 | 8:14 | -0.3 | 7:25 | 4:59 | |
| 16 | Wed | 3:45 | 4.8 | 2:05 | 5.2 | 8:29 | 3.2 | 8:59 | -0.1 | 7:26 | 4:59 | |
| 17 | Thu | 4:30 | 4.9 | 3:02 | 4.8 | 9:36 | 3.1 | 9:48 | 0.2 | 7:27 | 4:59 | |
| 18 | Fri | 5:15 | 5.1 | 4:13 | 4.4 | 10:53 | 2.7 | 10:42 | 0.5 | 7:27 | 5:00 | |
| 19 | Sat | 5:59 | 5.3 | 5:39 | 4.2 | | | 12:06 | 2.2 | 7:28 | 5:00 | |
| 20 | Sun | 6:43 | 5.7 | 7:07 | 4.1 | | | 1:08 | 1.4 | 7:28 | 5:01 | |
| 21 | Mon | 7:25 | 6.1 | 8:28 | 4.3 | 12:36 | 1.3 | 2:03 | 0.6 | 7:29 | 5:01 | |
| 22 | Tue | 8:08 | 6.5 | 9:37 | 4.6 | 1:32 | 1.7 | 2:54 | -0.2 | 7:29 | 5:02 | |
| 23 | Wed | 8:52 | 6.8 | 10:39 | 4.8 | 2:26 | 2.0 | 3:43 | -0.8 | 7:30 | 5:02 | |
| 24 | Thu | 9:37 | 7.1 | 11:35 | 5.1 | 3:19 | 2.3 | 4:31 | -1.3 | 7:30 | 5:03 | |
| 25 | Fri | 10:23 | 7.2 | | | 4:11 | 2.5 | 5:18 | -1.6 | 7:31 | 5:03 | |
| 26 | Sat | 12:27 | 5.2 | 11:11 AM | 7.1 | 5:04 | 2.6 | 6:06 | -1.6 | 7:31 | 5:04 | |
| 27 | Sun | 1:17 | 5.3 | 12:00 | 6.9 | 5:58 | 2.7 | 6:53 | -1.5 | 7:31 | 5:05 | |
| 28 | Mon | 2:06 | 5.3 | 12:50 | 6.5 | 6:54 | 2.7 | 7:40 | -1.1 | 7:32 | 5:05 | |
| 29 | Tue | 2:55 | 5.4 | 1:41 | 5.9 | 7:55 | 2.7 | 8:28 | -0.7 | 7:32 | 5:06 | |
| 30 | Wed | 3:44 | 5.4 | 2:36 | 5.3 | 9:01 | 2.6 | 9:17 | -0.1 | 7:32 | 5:07 | |
| 31 | Thu | 4:33 | 5.4 | 3:39 | 4.7 | 10:14 | 2.5 | 10:10 | 0.5 | 7:32 | 5:08 | |