US HARBORS www.USHarbors.com

Alcatraz Island, CA - May 1796

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:05	4.4	8:09	4.7	12:58	2.7	12:52	0.2	5:19	7:07	
2	Mon	7:16	4.4	8:41	5.0	1:48	2.2	1:41	0.2	5:18	7:08	
3	Tue	8:20	4.6	9:12	5.3	2:32	1.6	2:25	0.3	5:16	7:09	
4	Wed	9:21	4.7	9:44	5.6	3:13	0.9	3:07	0.5	5:15	7:10	
5	Thu	10:19	4.8	10:17	6.0	3:54	0.2	3:48	0.8	5:14	7:11	
6	Fri	11:16	4.9	10:52	6.3	4:37	-0.5	4:30	1.2	5:13	7:12	
7	Sat			12:13	5.0	5:22	-1.0	5:14	1.7	5:12	7:13	
8	Sun			1:11	4.9	6:09	-1.4	6:00	2.1	5:11	7:14	
9	Mon	12:12	6.5	2:11	4.9	6:59	-1.5	6:51	2.4	5:10	7:14	
10	Tue	12:58	6.4	3:14	4.8	7:53	-1.5	7:50	2.7	5:09	7:15	
11	Wed	1:49	6.1	4:20	4.8	8:50	-1.2	9:01	2.9	5:08	7:16	
12	Thu	2:48	5.7	5:26	4.8	9:52	-0.9	10:26	2.9	5:07	7:17	
13	Fri	3:56	5.2	6:27	5.0	10:58	-0.5	11:51	2.6	5:07	7:18	
14	Sat	5:13	4.8	7:20	5.2			12:02	-0.2	5:06	7:19	
15	Sun	6:32	4.5	8:05	5.4	1:04	2.0	1:00	0.2	5:05	7:20	
16	Mon	7:48	4.4	8:44	5.6	2:05	1.5	1:51	0.5	5:04	7:21	
17	Tue	8:55	4.3	9:18	5.7	2:56	0.9	2:36	0.9	5:03	7:21	
18	Wed	9:55	4.3	9:49	5.8	3:40	0.4	3:16	1.3	5:02	7:22	
19	Thu	10:48	4.4	10:17	5.8	4:19	0.1	3:54	1.7	5:02	7:23	
20	Fri	11:38	4.4	10:44	5.8	4:55	-0.2	4:30	2.1	5:01	7:24	
21	Sat			12:25	4.4	5:29	-0.4	5:06	2.4	5:00	7:25	
22	Sun			1:09	4.4	6:02	-0.5	5:42	2.7	5:00	7:25	
23	Mon			1:53	4.4	6:35	-0.6	6:19	3.0	4:59	7:26	
24	Tue	12:11	5.6	2:37	4.3	7:10	-0.6	6:58	3.1	4:58	7:27	
25	Wed	12:46	5.4	3:24	4.3	7:48	-0.5	7:44	3.3	4:58	7:28	
26	Thu	1:25	5.2	4:12	4.3	8:30	-0.4	8:40	3.3	4:57	7:29	
27	Fri	2:09	4.9	5:01	4.4	9:17	-0.2	9:50	3.3	4:57	7:29	
28	Sat	3:03	4.7	5:48	4.5	10:08	0.0	11:08	3.0	4:56	7:30	
29	Sun	4:08	4.4	6:30	4.8	11:01	0.2			4:56	7:31	
30	Mon	5:24	4.2	7:09	5.1	12:17	2.6	11:55 AM	0.4	4:56	7:31	
31	Tue	6:44	4.1	7:45	5.4	1:13	1.9	12:47	0.6	4:55	7:32	