US HARBORS www.USHarbors.com

Alcatraz Island, CA - Jul 1796

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	**9:10**	4.2	**8:20**	6.6	**2:27**	0.1	**1:50**	2.1	4:58	7:42	
2	Sat	**10:16**	4.5	**9:06**	6.9	**3:17**	-0.6	**2:45**	2.4	4:58	7:42	
3	Sun	**11:15**	4.8	**9:54**	7.1	**4:06**	-1.2	**3:40**	2.6	4:59	7:42	
4	Mon			**12:08**	5.0	**4:55**	-1.5	**4:34**	2.7	4:59	7:41	
5	Tue			**12:58**	5.2	**5:44**	-1.7	**5:30**	2.7	5:00	7:41	
6	Wed			**1:46**	5.3	**6:33**	-1.6	**6:27**	2.7	5:00	7:41	
7	Thu	**12:27**	6.7	**2:33**	5.3	**7:21**	-1.4	**7:28**	2.6	5:01	7:41	
8	Fri	**1:21**	6.2	**3:20**	5.4	**8:09**	-0.9	**8:33**	2.5	5:02	7:40	
9	Sat	**2:16**	5.6	**4:07**	5.5	**8:57**	-0.4	**9:44**	2.3	5:02	7:40	
10	Sun	**3:18**	5.0	**4:54**	5.6	**9:46**	0.2	**10:57**	2.0	5:03	7:40	
11	Mon	**4:29**	4.4	**5:40**	5.6	**10:38**	0.9			5:04	7:39	
12	Tue	**5:52**	3.9	**6:25**	5.7	**12:08**	1.7	**11:32 AM**	1.5	5:04	7:39	
13	Wed	**7:23**	3.8	**7:08**	5.8	**1:12**	1.2	**12:28**	2.0	5:05	7:38	
14	Thu	**8:44**	3.9	**7:48**	5.9	**2:08**	0.8	**1:23**	2.5	5:06	7:38	
15	Fri	**9:49**	4.2	**8:27**	6.0	**2:55**	0.4	**2:15**	2.8	5:06	7:37	
16	Sat	**10:41**	4.4	**9:05**	6.1	**3:36**	0.1	**3:02**	3.0	5:07	7:37	
17	Sun	**11:24**	4.5	**9:42**	6.1	**4:14**	-0.1	**3:45**	3.1	5:08	7:36	
18	Mon			**12:01**	4.6	**4:49**	-0.3	**4:25**	3.1	5:09	7:36	
19	Tue			**12:35**	4.7	**5:22**	-0.4	**5:03**	3.1	5:09	7:35	
20	Wed			**1:07**	4.8	**5:54**	-0.5	**5:39**	3.1	5:10	7:34	
21	Thu			**1:39**	4.8	**6:27**	-0.5	**6:17**	3.0	5:11	7:34	
22	Fri	**12:11**	5.9	**2:10**	4.9	**7:00**	-0.4	**6:59**	2.9	5:12	7:33	
23	Sat	**12:51**	5.7	**2:43**	5.0	**7:34**	-0.3	**7:45**	2.7	5:12	7:32	
24	Sun	**1:34**	5.3	**3:18**	5.2	**8:11**	0.0	**8:39**	2.5	5:13	7:31	
25	Mon	**2:25**	4.9	**3:55**	5.4	**8:50**	0.4	**9:42**	2.2	5:14	7:31	
26	Tue	**3:28**	4.5	**4:36**	5.6	**9:35**	1.0	**10:51**	1.8	5:15	7:30	
27	Wed	**4:48**	4.1	**5:20**	5.9	**10:26**	1.6			5:16	7:29	
28	Thu	**6:24**	3.9	**6:09**	6.2	**12:02**	1.2	**11:25 AM**	2.1	5:17	7:28	
29	Fri	**7:57**	4.1	**7:01**	6.5	**1:08**	0.6	**12:29**	2.5	5:17	7:27	
30	Sat	**9:12**	4.4	**7:55**	6.8	**2:07**	-0.1	**1:33**	2.8	5:18	7:26	
31	Sun	**10:12**	4.7	**8:49**	7.0	**3:02**	-0.6	**2:35**	2.8	5:19	7:25	