US HARBORS www.USHarbors.com

Alcatraz Island, CA - Aug 1796

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	11:03	5.0	9:43	7.1	3:53	-1.0	3:32	2.8	5:20	7:24	
2	Tue	11:49	5.2	10:35	7.1	4:42	-1.2	4:27	2.6	5:21	7:23	
3	Wed			12:32	5.3	5:28	-1.2	5:21	2.4	5:22	7:22	
4	Thu			1:14	5.5	6:13	-1.1	6:14	2.2	5:23	7:21	
5	Fri	12:18	6.5	1:54	5.5	6:56	-0.7	7:09	2.1	5:23	7:20	
6	Sat	1:09	6.1	2:34	5.6	7:39	-0.3	8:06	1.9	5:24	7:19	
7	Sun	2:02	5.5	3:15	5.6	8:21	0.3	9:07	1.8	5:25	7:18	
8	Mon	3:00	4.8	3:56	5.6	9:05	1.0	10:12	1.7	5:26	7:17	
9	Tue	4:09	4.3	4:39	5.6	9:53	1.7	11:21	1.5	5:27	7:16	
10	Wed	5:34	4.0	5:25	5.6	10:50	2.3			5:28	7:14	
11	Thu	7:11	3.9	6:14	5.6	12:28	1.2	11:54 AM	2.8	5:29	7:13	
12	Fri	8:34	4.1	7:04	5.7	1:29	0.9	1:00	3.0	5:29	7:12	
13	Sat	9:33	4.4	7:52	5.8	2:21	0.6	1:58	3.1	5:30	7:11	
14	Sun	10:17	4.6	8:37	5.9	3:05	0.3	2:48	3.1	5:31	7:09	
15	Mon	10:53	4.7	9:20	6.0	3:45	0.1	3:31	3.0	5:32	7:08	
16	Tue	11:25	4.8	10:01	6.1	4:21	-0.1	4:09	2.9	5:33	7:07	
17	Wed	11:54	4.9	10:41	6.1	4:54	-0.2	4:44	2.7	5:34	7:06	
18	Thu			12:22	5.0	5:26	-0.2	5:20	2.5	5:35	7:04	
19	Fri			12:51	5.1	5:57	-0.2	5:57	2.3	5:36	7:03	
20	Sat	12:00	5.9	1:21	5.2	6:29	-0.1	6:37	2.1	5:36	7:02	
21	Sun	12:43	5.7	1:52	5.4	7:02	0.2	7:22	1.8	5:37	7:00	
22	Mon	1:30	5.3	2:25	5.6	7:38	0.6	8:13	1.6	5:38	6:59	
23	Tue	2:25	4.9	3:02	5.7	8:17	1.2	9:11	1.3	5:39	6:57	
24	Wed	3:33	4.5	3:45	5.9	9:03	1.8	10:19	1.1	5:40	6:56	
25	Thu	4:58	4.2	4:36	6.0	9:58	2.4	11:33	0.7	5:41	6:55	
26	Fri	6:35	4.1	5:35	6.1	11:07	2.8			5:42	6:53	
27	Sat	8:00	4.4	6:38	6.3	12:45	0.3	12:24	3.0	5:42	6:52	
28	Sun	9:05	4.7	7:42	6.5	1:50	-0.1	1:35	3.0	5:43	6:50	
29	Mon	9:55	5.0	8:41	6.6	2:47	-0.5	2:37	2.7	5:44	6:49	
30	Tue	10:39	5.2	9:37	6.7	3:37	-0.7	3:32	2.4	5:45	6:47	
31	Wed	11:19	5.4	10:30	6.6	4:23	-0.7	4:23	2.1	5:46	6:46	