US HARBORS www.USHarbors.com

Alcatraz Island, CA - Jul 1797

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**5:02**	4.4	**6:12**	5.9	**11:08**	0.7			4:58	7:42	
2	Sun	**6:30**	4.0	**6:57**	6.1	**12:41**	1.3	**12:04**	1.3	4:58	7:42	
3	Mon	**7:58**	4.0	**7:40**	6.2	**1:44**	0.8	**12:59**	1.9	4:59	7:42	
4	Tue	**9:16**	4.1	**8:21**	6.3	**2:38**	0.2	**1:53**	2.4	4:59	7:41	
5	Wed	**10:19**	4.3	**9:00**	6.3	**3:25**	-0.1	**2:44**	2.7	5:00	7:41	
6	Thu	**11:13**	4.5	**9:37**	6.3	**4:07**	-0.4	**3:32**	3.0	5:00	7:41	
7	Fri	**11:59**	4.7	**10:14**	6.2	**4:45**	-0.5	**4:17**	3.1	5:01	7:41	
8	Sat			**12:40**	4.7	**5:21**	-0.6	**4:59**	3.2	5:01	7:40	
9	Sun			**1:16**	4.7	**5:55**	-0.6	**5:39**	3.2	5:02	7:40	
10	Mon			**1:50**	4.7	**6:29**	-0.5	**6:18**	3.2	5:03	7:40	
11	Tue	**12:02**	5.9	**2:22**	4.7	**7:02**	-0.5	**6:58**	3.2	5:03	7:39	
12	Wed	**12:40**	5.6	**2:53**	4.8	**7:36**	-0.3	**7:42**	3.1	5:04	7:39	
13	Thu	**1:19**	5.3	**3:26**	4.8	**8:10**	-0.1	**8:32**	2.9	5:05	7:38	
14	Fri	**2:02**	4.9	**3:59**	5.0	**8:46**	0.3	**9:30**	2.7	5:05	7:38	
15	Sat	**2:53**	4.5	**4:35**	5.2	**9:25**	0.7	**10:35**	2.4	5:06	7:37	
16	Sun	**3:58**	4.1	**5:13**	5.4	**10:08**	1.2	**11:41**	1.9	5:07	7:37	
17	Mon	**5:23**	3.8	**5:53**	5.7	**10:57**	1.7			5:08	7:36	
18	Tue	**6:59**	3.7	**6:36**	6.0	**12:43**	1.3	**11:53 AM**	2.2	5:08	7:36	
19	Wed	**8:28**	3.9	**7:22**	6.3	**1:39**	0.7	**12:52**	2.6	5:09	7:35	
20	Thu	**9:38**	4.2	**8:11**	6.6	**2:31**	0.0	**1:51**	2.9	5:10	7:34	
21	Fri	**10:36**	4.6	**9:01**	6.9	**3:20**	-0.6	**2:48**	3.0	5:11	7:34	
22	Sat	**11:25**	4.8	**9:53**	7.1	**4:09**	-1.1	**3:43**	3.0	5:11	7:33	
23	Sun			**12:11**	5.0	**4:57**	-1.4	**4:37**	2.8	5:12	7:32	
24	Mon			**12:55**	5.2	**5:45**	-1.5	**5:32**	2.6	5:13	7:32	
25	Tue			**1:38**	5.4	**6:31**	-1.4	**6:29**	2.4	5:14	7:31	
26	Wed	**12:32**	6.7	**2:20**	5.5	**7:17**	-1.1	**7:29**	2.2	5:15	7:30	
27	Thu	**1:28**	6.2	**3:03**	5.7	**8:03**	-0.6	**8:33**	2.0	5:16	7:29	
28	Fri	**2:27**	5.5	**3:47**	5.8	**8:49**	0.1	**9:43**	1.7	5:16	7:28	
29	Sat	**3:34**	4.8	**4:33**	5.9	**9:38**	0.8	**10:57**	1.4	5:17	7:27	
30	Sun	**4:54**	4.3	**5:21**	6.0	**10:31**	1.5			5:18	7:26	
31	Mon	**6:28**	4.0	**6:10**	6.0	**12:10**	1.1	**11:31 AM**	2.2	5:19	7:25	