US HARBORS www.USHarbors.com

Alcatraz Island, CA - Aug 1797

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	8:01	4.1	7:00	6.1	1:16	0.7	12:36	2.7	5:20	7:24	
2	Wed	9:15	4.3	7:48	6.1	2:14	0.4	1:39	3.0	5:21	7:23	
3	Thu	10:12	4.6	8:34	6.1	3:03	0.1	2:35	3.1	5:21	7:22	
4	Fri	10:57	4.7	9:17	6.1	3:46	-0.1	3:24	3.2	5:22	7:21	
5	Sat	11:35	4.8	9:57	6.1	4:25	-0.2	4:07	3.1	5:23	7:20	
6	Sun			12:08	4.8	4:59	-0.3	4:45	3.0	5:24	7:19	
7	Mon			12:38	4.9	5:32	-0.3	5:21	2.9	5:25	7:18	
8	Tue			1:05	4.9	6:02	-0.2	5:56	2.8	5:26	7:17	
9	Wed			1:31	4.9	6:32	-0.1	6:32	2.6	5:27	7:16	
10	Thu	12:26	5.6	1:58	5.0	7:02	0.1	7:11	2.5	5:28	7:15	
11	Fri	1:05	5.3	2:27	5.2	7:32	0.4	7:55	2.3	5:28	7:13	
12	Sat	1:49	4.9	2:57	5.3	8:05	0.8	8:45	2.1	5:29	7:12	
13	Sun	2:41	4.5	3:32	5.4	8:41	1.3	9:43	1.8	5:30	7:11	
14	Mon	3:48	4.1	4:11	5.6	9:23	1.9	10:50	1.4	5:31	7:10	
15	Tue	5:18	3.9	4:58	5.8	10:15	2.5			5:32	7:08	
16	Wed	7:00	3.9	5:52	6.0	12:00	1.0	11:20 AM	2.9	5:33	7:07	
17	Thu	8:26	4.2	6:51	6.3	1:07	0.4	12:33	3.1	5:34	7:06	
18	Fri	9:28	4.5	7:50	6.6	2:07	-0.1	1:41	3.1	5:34	7:05	
19	Sat	10:16	4.8	8:49	6.8	3:01	-0.6	2:41	3.0	5:35	7:03	
20	Sun	10:59	5.1	9:45	7.0	3:51	-0.9	3:37	2.7	5:36	7:02	
21	Mon	11:39	5.3	10:39	7.0	4:38	-1.1	4:30	2.3	5:37	7:01	
22	Tue			12:18	5.5	5:23	-1.1	5:23	1.9	5:38	6:59	
23	Wed			12:57	5.7	6:06	-0.8	6:16	1.6	5:39	6:58	
24	Thu	12:26	6.4	1:35	5.8	6:49	-0.3	7:11	1.3	5:40	6:56	
25	Fri	1:22	5.9	2:14	5.9	7:31	0.3	8:08	1.1	5:41	6:55	
26	Sat	2:21	5.3	2:55	5.9	8:14	1.0	9:10	1.0	5:41	6:54	
27	Sun	3:29	4.7	3:38	5.9	9:02	1.7	10:18	1.0	5:42	6:52	
28	Mon	4:50	4.3	4:26	5.8	9:58	2.4	11:29	0.9	5:43	6:51	
29	Tue	6:26	4.2	5:20	5.7	11:08	2.9			5:44	6:49	
30	Wed	7:55	4.3	6:19	5.6	12:38	0.7	12:25	3.2	5:45	6:48	
31	Thu	9:00	4.6	7:18	5.6	1:40	0.5	1:33	3.2	5:46	6:46	