US HARBORS www.USHarbors.com

Alcatraz Island, CA - Mar 1798

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	**10:17**	6.6	**11:52**	5.3	**4:11**	2.1	**4:59**	-1.2	6:47	6:10	
2	Fri	**11:10**	6.5			**5:01**	1.5	**5:40**	-1.0	6:46	6:11	
3	Sat	**12:27**	5.6	**12:04**	6.3	**5:52**	1.1	**6:21**	-0.6	6:44	6:12	
4	Sun	**1:02**	5.8	**12:59**	5.8	**6:44**	0.7	**7:01**	0.0	6:43	6:13	
5	Mon	**1:39**	5.9	**1:58**	5.2	**7:38**	0.4	**7:42**	0.8	6:41	6:14	
6	Tue	**2:17**	6.0	**3:03**	4.6	**8:36**	0.3	**8:26**	1.5	6:40	6:15	
7	Wed	**2:58**	5.9	**4:21**	4.2	**9:39**	0.3	**9:18**	2.3	6:38	6:16	
8	Thu	**3:45**	5.7	**5:57**	4.0	**10:48**	0.3	**10:26**	2.9	6:37	6:17	
9	Fri	**4:39**	5.5	**7:34**	4.1			**12:02**	0.3	6:35	6:18	
10	Sat	**5:43**	5.3	**8:44**	4.4			**1:13**	0.2	6:34	6:19	
11	Sun	**6:51**	5.3	**9:33**	4.6	**1:15**	3.2	**2:13**	0.1	6:32	6:20	
12	Mon	**7:53**	5.3	**10:11**	4.7	**2:18**	2.9	**3:01**	0.0	6:31	6:21	
13	Tue	**8:47**	5.4	**10:43**	4.8	**3:07**	2.7	**3:42**	-0.1	6:29	6:22	
14	Wed	**9:33**	5.4	**11:09**	4.8	**3:48**	2.3	**4:16**	-0.1	6:28	6:23	
15	Thu	**10:15**	5.4	**11:33**	4.9	**4:24**	2.0	**4:47**	0.0	6:26	6:24	
16	Fri	**10:54**	5.3	**11:55**	5.0	**4:58**	1.7	**5:15**	0.2	6:25	6:25	
17	Sat	**11:32**	5.2			**5:30**	1.5	**5:41**	0.4	6:23	6:26	
18	Sun	**12:16**	5.1	**12:11**	5.0	**6:02**	1.2	**6:08**	0.7	6:22	6:27	
19	Mon	**12:39**	5.2	**12:52**	4.7	**6:35**	0.9	**6:35**	1.1	6:20	6:28	
20	Tue	**1:02**	5.3	**1:38**	4.5	**7:11**	0.7	**7:04**	1.6	6:19	6:29	
21	Wed	**1:29**	5.4	**2:30**	4.2	**7:51**	0.5	**7:36**	2.1	6:17	6:29	
22	Thu	**2:00**	5.4	**3:37**	3.9	**8:39**	0.4	**8:14**	2.6	6:16	6:30	
23	Fri	**2:37**	5.4	**5:04**	3.8	**9:36**	0.3	**9:05**	3.0	6:14	6:31	
24	Sat	**3:27**	5.4	**6:42**	3.8	**10:45**	0.2	**10:24**	3.3	6:13	6:32	
25	Sun	**4:31**	5.3	**7:57**	4.1			**12:00**	0.0	6:11	6:33	
26	Mon	**5:48**	5.4	**8:46**	4.4	**12:01**	3.3	**1:10**	-0.3	6:10	6:34	
27	Tue	**7:03**	5.5	**9:26**	4.7	**1:19**	3.0	**2:09**	-0.6	6:08	6:35	
28	Wed	**8:12**	5.7	**10:01**	5.0	**2:20**	2.4	**3:00**	-0.7	6:06	6:36	
29	Thu	**9:14**	5.9	**10:35**	5.4	**3:13**	1.8	**3:45**	-0.7	6:05	6:37	
30	Fri	**10:12**	5.9	**11:09**	5.7	**4:03**	1.1	**4:27**	-0.5	6:03	6:38	
31	Sat	**11:09**	5.8	**11:43**	5.9	**4:52**	0.5	**5:08**	-0.1	6:02	6:39	