US HARBORS www.USHarbors.com

Alcatraz Island, CA - May 1799

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	9:42	4.3	9:59	5.3	3:41	1.0	3:25	1.0	5:20	7:07	
2	Thu	10:31	4.3	10:20	5.4	4:17	0.6	3:56	1.3	5:18	7:07	
3	Fri	11:18	4.3	10:42	5.5	4:49	0.2	4:27	1.7	5:17	7:08	
4	Sat			12:04	4.3	5:20	-0.1	4:57	2.1	5:16	7:09	
5	Sun			12:49	4.3	5:51	-0.3	5:27	2.5	5:15	7:10	
6	Mon			1:36	4.2	6:23	-0.5	6:00	2.8	5:14	7:11	
7	Tue	12:01	5.7	2:26	4.2	6:59	-0.6	6:36	3.1	5:13	7:12	
8	Wed	12:35	5.6	3:21	4.1	7:40	-0.6	7:17	3.3	5:12	7:13	
9	Thu	1:13	5.5	4:21	4.1	8:26	-0.6	8:11	3.4	5:11	7:14	
10	Fri	2:00	5.3	5:22	4.2	9:20	-0.5	9:25	3.5	5:10	7:15	
11	Sat	2:58	5.0	6:16	4.4	10:19	-0.4	10:54	3.3	5:09	7:16	
12	Sun	4:09	4.8	7:01	4.6	11:21	-0.3			5:08	7:16	
13	Mon	5:29	4.6	7:38	4.9	12:13	2.8	12:19	-0.2	5:07	7:17	
14	Tue	6:51	4.5	8:13	5.3	1:17	2.0	1:12	0.1	5:06	7:18	
15	Wed	8:08	4.5	8:47	5.8	2:12	1.2	2:00	0.4	5:05	7:19	
16	Thu	9:19	4.6	9:22	6.2	3:02	0.3	2:46	0.9	5:05	7:20	
17	Fri	10:25	4.7	9:58	6.5	3:50	-0.5	3:32	1.4	5:04	7:21	
18	Sat	11:28	4.8	10:36	6.7	4:38	-1.2	4:17	1.9	5:03	7:22	
19	Sun			12:29	4.8	5:26	-1.6	5:04	2.4	5:02	7:22	
20	Mon			1:28	4.8	6:14	-1.7	5:54	2.7	5:02	7:23	
21	Tue	12:00	6.6	2:27	4.8	7:03	-1.6	6:49	3.0	5:01	7:24	
22	Wed	12:46	6.3	3:26	4.7	7:54	-1.4	7:51	3.2	5:00	7:25	
23	Thu	1:36	5.9	4:26	4.7	8:48	-1.0	9:04	3.2	5:00	7:26	
24	Fri	2:31	5.3	5:24	4.7	9:44	-0.6	10:26	3.1	4:59	7:26	
25	Sat	3:33	4.8	6:17	4.8	10:41	-0.2	11:45	2.8	4:58	7:27	
26	Sun	4:44	4.3	7:02	4.9	11:37	0.2			4:58	7:28	
27	Mon	6:01	4.0	7:39	5.1	12:53	2.3	12:28	0.6	4:57	7:29	
28	Tue	7:19	3.8	8:09	5.3	1:49	1.7	1:15	1.0	4:57	7:29	
29	Wed	8:30	3.8	8:36	5.4	2:36	1.2	1:56	1.4	4:56	7:30	
30	Thu	9:33	3.9	9:02	5.6	3:16	0.7	2:35	1.8	4:56	7:31	
31	Fri	10:29	4.0	9:28	5.8	3:53	0.2	3:12	2.2	4:55	7:32	