US HARBORS www.USHarbors.com

Alcatraz Island, CA - Jul 1799

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon			12:00	4.4	4:37	-0.5	3:59	3.3	4:57	7:42	
2	Tue			12:40	4.6	5:13	-0.8	4:41	3.4	4:58	7:42	
3	Wed			1:18	4.7	5:50	-1.0	5:23	3.4	4:58	7:42	
4	Thu			1:56	4.7	6:28	-1.1	6:09	3.3	4:59	7:42	
5	Fri	12:04	6.3	2:33	4.8	7:08	-1.1	6:59	3.1	4:59	7:41	
6	Sat	12:50	6.1	3:11	5.0	7:49	-0.9	7:55	2.9	5:00	7:41	
7	Sun	1:41	5.7	3:50	5.2	8:31	-0.6	9:00	2.6	5:01	7:41	
8	Mon	2:39	5.2	4:30	5.4	9:16	-0.1	10:13	2.2	5:01	7:41	
9	Tue	3:48	4.6	5:11	5.7	10:03	0.5	11:28	1.6	5:02	7:40	
10	Wed	5:14	4.1	5:55	6.1	10:54	1.2			5:02	7:40	
11	Thu	6:51	3.9	6:40	6.4	12:39	0.9	11:50 AM	1.9	5:03	7:40	
12	Fri	8:25	4.0	7:28	6.6	1:42	0.2	12:50	2.5	5:04	7:39	
13	Sat	9:42	4.3	8:16	6.8	2:39	-0.4	1:52	2.9	5:04	7:39	
14	Sun	10:44	4.6	9:06	6.9	3:30	-0.8	2:51	3.1	5:05	7:38	
15	Mon	11:36	4.8	9:55	6.9	4:19	-1.1	3:48	3.2	5:06	7:38	
16	Tue			12:22	5.0	5:05	-1.2	4:42	3.1	5:07	7:37	
17	Wed			1:04	5.0	5:48	-1.2	5:33	3.1	5:07	7:37	
18	Thu			1:44	5.0	6:30	-1.0	6:23	3.0	5:08	7:36	
19	Fri	12:14	6.2	2:21	5.1	7:09	-0.7	7:13	2.8	5:09	7:35	
20	Sat	12:58	5.8	2:57	5.1	7:47	-0.4	8:06	2.7	5:10	7:35	
21	Sun	1:43	5.3	3:30	5.1	8:24	0.1	9:03	2.6	5:10	7:34	
22	Mon	2:32	4.7	4:03	5.2	9:01	0.7	10:05	2.3	5:11	7:33	
23	Tue	3:30	4.2	4:37	5.3	9:39	1.3	11:11	2.0	5:12	7:33	
24	Wed	4:45	3.7	5:13	5.4	10:22	1.9			5:13	7:32	
25	Thu	6:23	3.5	5:53	5.5	12:17	1.6	11:13 AM	2.5	5:13	7:31	
26	Fri	8:07	3.6	6:36	5.7	1:15	1.2	12:12	3.0	5:14	7:30	
27	Sat	9:23	3.9	7:22	5.9	2:07	0.8	1:13	3.3	5:15	7:29	
28	Sun	10:16	4.2	8:09	6.1	2:52	0.3	2:09	3.4	5:16	7:29	
29	Mon	10:57	4.5	8:55	6.3	3:33	-0.1	2:58	3.4	5:17	7:28	
30	Tue	11:33	4.6	9:40	6.5	4:12	-0.4	3:43	3.3	5:18	7:27	
31	Wed			12:07	4.8	4:50	-0.7	4:25	3.2	5:18	7:26	