US HARBORS www.USHarbors.com

Alcatraz Island, CA - Aug 1799

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu			12:40	4.9	5:28	-0.9	5:09	3.0	5:19	7:25	
2	Fri			1:13	5.0	6:06	-1.0	5:55	2.7	5:20	7:24	
3	Sat			1:47	5.2	6:43	-0.8	6:45	2.4	5:21	7:23	
4	Sun	12:46	6.1	2:21	5.4	7:22	-0.5	7:40	2.0	5:22	7:22	
5	Mon	1:39	5.7	2:58	5.7	8:01	0.0	8:41	1.7	5:23	7:21	
6	Tue	2:41	5.1	3:37	5.9	8:43	0.7	9:49	1.3	5:24	7:20	
7	Wed	3:55	4.5	4:21	6.1	9:29	1.5	11:03	0.9	5:24	7:19	
8	Thu	5:27	4.0	5:10	6.3	10:23	2.2			5:25	7:17	
9	Fri	7:10	4.0	6:06	6.4	12:17	0.5	11:30 AM	2.8	5:26	7:16	
10	Sat	8:39	4.3	7:05	6.5	1:26	0.1	12:45	3.2	5:27	7:15	
11	Sun	9:44	4.6	8:03	6.6	2:27	-0.3	1:56	3.3	5:28	7:14	
12	Mon	10:34	4.9	8:58	6.6	3:20	-0.6	2:57	3.2	5:29	7:13	
13	Tue	11:16	5.0	9:49	6.6	4:07	-0.7	3:50	3.0	5:30	7:12	
14	Wed	11:55	5.1	10:36	6.5	4:50	-0.7	4:38	2.8	5:31	7:10	
15	Thu			12:29	5.2	5:28	-0.6	5:23	2.6	5:31	7:09	
16	Fri			1:01	5.2	6:03	-0.4	6:05	2.4	5:32	7:08	
17	Sat	12:02	5.9	1:29	5.2	6:36	-0.1	6:47	2.2	5:33	7:07	
18	Sun	12:43	5.5	1:56	5.2	7:08	0.4	7:30	2.0	5:34	7:05	
19	Mon	1:26	5.1	2:23	5.3	7:39	0.9	8:16	1.9	5:35	7:04	
20	Tue	2:13	4.6	2:50	5.3	8:10	1.4	9:06	1.8	5:36	7:03	
21	Wed	3:10	4.2	3:22	5.4	8:44	2.1	10:04	1.6	5:37	7:01	
22	Thu	4:25	3.8	4:00	5.4	9:24	2.6	11:10	1.5	5:38	7:00	
23	Fri	6:09	3.7	4:47	5.4	10:19	3.1			5:38	6:58	
24	Sat	7:58	3.9	5:43	5.5	12:19	1.2	11:37 AM	3.5	5:39	6:57	
25	Sun	9:04	4.2	6:43	5.7	1:21	0.8	12:54	3.6	5:40	6:56	
26	Mon	9:46	4.4	7:40	5.9	2:14	0.4	1:55	3.5	5:41	6:54	
27	Tue	10:20	4.6	8:33	6.2	3:00	0.0	2:43	3.3	5:42	6:53	
28	Wed	10:52	4.8	9:23	6.4	3:41	-0.3	3:27	2.9	5:43	6:51	
29	Thu	11:22	5.0	10:12	6.5	4:20	-0.6	4:10	2.5	5:44	6:50	
30	Fri	11:52	5.2	11:01	6.5	4:57	-0.7	4:54	2.1	5:44	6:49	
31	Sat			12:23	5.4	5:34	-0.5	5:40	1.6	5:45	6:47	