US HARBORS www.USHarbors.com

Alcatraz Island, CA - Jan 1800

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:40	5.2	3:47	4.3	10:31	2.5	10:10	0.8	7:32	5:08	
2	Thu	5:20	5.3	5:06	3.8	11:44	2.1	10:57	1.5	7:32	5:09	
3	Fri	5:59	5.4	6:43	3.5			12:50	1.6	7:33	5:10	
4	Sat	6:36	5.5	8:19	3.6			1:46	1.1	7:33	5:11	
5	Sun	7:13	5.7	9:34	3.9	12:44	2.6	2:34	0.6	7:33	5:12	
6	Mon	7:51	5.9	10:29	4.2	1:39	3.0	3:16	0.2	7:33	5:13	
7	Tue	8:29	6.0	11:13	4.4	2:30	3.2	3:53	-0.2	7:33	5:14	
8	Wed	9:08	6.1	11:51	4.6	3:16	3.4	4:29	-0.4	7:33	5:15	
9	Thu	9:48	6.2			3:58	3.4	5:03	-0.6	7:32	5:16	
10	Fri	12:26	4.7	10:27 AM	6.3	4:36	3.4	5:37	-0.8	7:32	5:16	
11	Sat	12:59	4.7	11:07 AM	6.3	5:14	3.3	6:11	-0.9	7:32	5:17	
12	Sun	1:31	4.8	11:47 AM	6.3	5:54	3.1	6:46	-0.9	7:32	5:18	
13	Mon	2:04	4.9	12:29	6.1	6:37	3.0	7:22	-0.8	7:32	5:19	
14	Tue	2:37	5.0	1:14	5.7	7:26	2.7	7:59	-0.5	7:31	5:20	
15	Wed	3:11	5.1	2:06	5.2	8:22	2.5	8:38	0.0	7:31	5:22	
16	Thu	3:47	5.3	3:08	4.6	9:27	2.1	9:20	0.7	7:31	5:23	
17	Fri	4:25	5.6	4:30	4.0	10:40	1.6	10:07	1.4	7:30	5:24	
18	Sat	5:08	5.9	6:14	3.7	11:55	1.0	11:03	2.2	7:30	5:25	
19	Sun	5:56	6.2	8:00	3.8			1:05	0.4	7:29	5:26	
20	Mon	6:48	6.4	9:23	4.2	12:09	2.8	2:08	-0.3	7:29	5:27	
21	Tue	7:43	6.6	10:24	4.6	1:20	3.1	3:04	-0.8	7:28	5:28	
22	Wed	8:39	6.8	11:14	4.8	2:28	3.2	3:55	-1.2	7:28	5:29	
23	Thu	9:32	6.9	11:57	5.0	3:28	3.2	4:42	-1.3	7:27	5:30	
24	Fri	10:24	6.8			4:23	3.0	5:27	-1.3	7:27	5:31	
25	Sat	12:37	5.1	11:13 AM	6.7	5:15	2.8	6:08	-1.2	7:26	5:32	
26	Sun	1:15	5.2	12:00	6.3	6:05	2.6	6:47	-0.9	7:25	5:33	
27	Mon	1:50	5.2	12:45	5.9	6:54	2.4	7:24	-0.5	7:24	5:35	
28	Tue	2:24	5.2	1:31	5.3	7:45	2.2	8:00	0.0	7:24	5:36	
29	Wed	2:57	5.3	2:21	4.7	8:38	2.1	8:35	0.7	7:23	5:37	
30	Thu	3:29	5.3	3:19	4.1	9:37	1.9	9:12	1.4	7:22	5:38	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Fri	**4:02**	5.3	**4:35**	3.6	**10:42**	1.7	**9:53**	2.1	7:21	5:39	