US HARBORS www.USHarbors.com

Alcatraz Island, CA - May 1800

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:39	4.7	7:05	4.2	11:05	0.0	11:54	3.2	5:20	7:06	
2	Fri	4:51	4.5	7:41	4.5			12:05	0.0	5:19	7:07	
3	Sat	6:08	4.4	8:12	4.8	12:58	2.7	12:57	0.1	5:18	7:08	
4	Sun	7:22	4.5	8:41	5.1	1:49	2.0	1:44	0.2	5:16	7:09	
5	Mon	8:31	4.6	9:10	5.5	2:35	1.3	2:27	0.5	5:15	7:10	
6	Tue	9:36	4.7	9:41	5.9	3:20	0.4	3:09	0.9	5:14	7:11	
7	Wed	10:38	4.7	10:14	6.3	4:04	-0.4	3:50	1.3	5:13	7:12	
8	Thu	11:39	4.8	10:51	6.6	4:50	-1.1	4:33	1.8	5:12	7:13	
9	Fri			12:40	4.8	5:37	-1.5	5:18	2.3	5:11	7:14	
10	Sat			1:41	4.8	6:27	-1.8	6:07	2.7	5:10	7:14	
11	Sun	12:15	6.7	2:43	4.7	7:19	-1.7	7:01	3.0	5:09	7:15	
12	Mon	1:05	6.4	3:47	4.6	8:14	-1.5	8:07	3.2	5:08	7:16	
13	Tue	2:00	6.0	4:53	4.6	9:14	-1.2	9:28	3.2	5:07	7:17	
14	Wed	3:04	5.5	5:54	4.8	10:18	-0.8	10:59	3.0	5:07	7:18	
15	Thu	4:16	4.9	6:48	4.9	11:21	-0.4			5:06	7:19	
16	Fri	5:35	4.5	7:34	5.1	12:20	2.5	12:20	0.0	5:05	7:20	
17	Sat	6:55	4.2	8:12	5.4	1:27	1.9	1:11	0.4	5:04	7:21	
18	Sun	8:10	4.1	8:45	5.5	2:23	1.3	1:57	0.8	5:03	7:21	
19	Mon	9:16	4.1	9:13	5.7	3:09	0.7	2:37	1.3	5:02	7:22	
20	Tue	10:15	4.1	9:39	5.7	3:50	0.2	3:15	1.8	5:02	7:23	
21	Wed	11:08	4.2	10:04	5.8	4:26	-0.1	3:51	2.2	5:01	7:24	
22	Thu	11:58	4.3	10:30	5.8	5:00	-0.4	4:26	2.6	5:00	7:25	
23	Fri			12:44	4.3	5:32	-0.6	5:02	2.9	5:00	7:25	
24	Sat			1:29	4.3	6:04	-0.6	5:37	3.2	4:59	7:26	
25	Sun			2:13	4.3	6:38	-0.7	6:15	3.3	4:58	7:27	
26	Mon	12:03	5.7	2:58	4.3	7:14	-0.7	6:56	3.4	4:58	7:28	
27	Tue	12:41	5.5	3:44	4.3	7:55	-0.6	7:43	3.5	4:57	7:29	
28	Wed	1:23	5.3	4:31	4.3	8:38	-0.5	8:43	3.5	4:57	7:29	
29	Thu	2:11	5.0	5:17	4.4	9:26	-0.4	9:57	3.3	4:56	7:30	
30	Fri	3:08	4.7	5:57	4.6	10:16	-0.2	11:15	2.9	4:56	7:31	
31	Sat	4:17	4.4	6:34	4.9	11:08	0.1			4:56	7:31	