US HARBORS www.USHarbors.com

Alcatraz Island, CA - Mar 1801

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:27	5.1	11:54 AM	5.5	5:51	1.6	6:08	0.1	6:48	6:10	
2	Mon	12:51	5.3	12:38	5.2	6:30	1.2	6:37	0.5	6:47	6:11	
3	Tue	1:17	5.5	1:27	4.8	7:12	0.9	7:09	1.1	6:45	6:12	
4	Wed	1:45	5.7	2:25	4.4	8:00	0.6	7:43	1.7	6:44	6:13	
5	Thu	2:18	5.8	3:37	4.0	8:54	0.4	8:22	2.3	6:42	6:14	
6	Fri	2:58	5.9	5:13	3.7	9:59	0.2	9:12	2.9	6:41	6:15	
7	Sat	3:50	5.8	7:04	3.8	11:15	0.1	10:30	3.4	6:39	6:16	
8	Sun	4:57	5.8	8:25	4.1			12:34	-0.2	6:38	6:17	
9	Mon	6:15	5.8	9:16	4.5	12:12	3.4	1:44	-0.5	6:36	6:18	
10	Tue	7:29	5.9	9:56	4.8	1:36	3.1	2:42	-0.7	6:35	6:19	
11	Wed	8:35	6.1	10:31	5.0	2:40	2.7	3:31	-0.9	6:33	6:19	
12	Thu	9:34	6.1	11:05	5.3	3:34	2.1	4:13	-0.8	6:32	6:20	
13	Fri	10:28	6.0	11:36	5.5	4:24	1.5	4:52	-0.6	6:30	6:21	
14	Sat	11:19	5.8			5:10	1.1	5:29	-0.2	6:29	6:22	
15	Sun	12:07	5.6	12:09	5.4	5:55	0.7	6:04	0.3	6:27	6:23	
16	Mon	12:36	5.7	1:00	5.0	6:40	0.4	6:38	1.0	6:26	6:24	
17	Tue	1:05	5.8	1:53	4.6	7:24	0.3	7:13	1.6	6:24	6:25	
18	Wed	1:34	5.7	2:52	4.2	8:09	0.3	7:50	2.3	6:23	6:26	
19	Thu	2:05	5.6	4:03	3.9	8:59	0.3	8:32	2.8	6:21	6:27	
20	Fri	2:40	5.4	5:37	3.8	9:56	0.5	9:29	3.3	6:20	6:28	
21	Sat	3:26	5.1	7:19	3.9	11:04	0.6	11:00	3.5	6:18	6:29	
22	Sun	4:26	4.9	8:24	4.1			12:18	0.6	6:17	6:30	
23	Mon	5:39	4.8	9:04	4.3	12:31	3.4	1:23	0.4	6:15	6:31	
24	Tue	6:50	4.9	9:34	4.4	1:37	3.1	2:14	0.2	6:14	6:32	
25	Wed	7:52	5.0	9:59	4.6	2:26	2.8	2:55	0.1	6:12	6:32	
26	Thu	8:44	5.1	10:22	4.7	3:06	2.3	3:30	0.0	6:11	6:33	
27	Fri	9:32	5.2	10:44	5.0	3:43	1.9	4:01	0.1	6:09	6:34	
28	Sat	10:18	5.2	11:07	5.2	4:18	1.4	4:30	0.2	6:08	6:35	
29	Sun	11:05	5.1	11:32	5.5	4:54	0.9	5:00	0.5	6:06	6:36	
30	Mon	11:53	5.0	11:58	5.7	5:31	0.4	5:31	0.9	6:05	6:37	
31	Tue			12:44	4.8	6:10	0.0	6:03	1.4	6:03	6:38	