

Alcatraz Island, CA - Nov 1801

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:35	5.1	8:05	4.5	1:37	0.8	2:28	1.9	6:42	5:18	
2	Mon	8:58	5.3	9:02	4.6	2:14	1.0	3:05	1.3	6:43	5:17	
3	Tue	9:22	5.6	9:56	4.7	2:48	1.2	3:40	0.7	6:44	5:16	
4	Wed	9:47	5.9	10:49	4.7	3:21	1.6	4:15	0.2	6:45	5:15	
5	Thu	10:15	6.2	11:42	4.8	3:55	2.0	4:52	-0.4	6:46	5:14	
6	Fri	10:45	6.4			4:31	2.4	5:31	-0.8	6:47	5:13	
7	Sat	12:36	4.8	11:19 AM	6.5	5:09	2.7	6:14	-1.0	6:48	5:12	
8	Sun	1:32	4.7	11:59 AM	6.6	5:50	3.1	7:02	-1.1	6:49	5:11	
9	Mon	2:31	4.7	12:44	6.4	6:37	3.3	7:54	-1.0	6:50	5:10	
10	Tue	3:34	4.6	1:37	6.2	7:34	3.5	8:53	-0.8	6:51	5:09	
11	Wed	4:38	4.6	2:40	5.8	8:49	3.5	9:56	-0.6	6:52	5:08	
12	Thu	5:40	4.8	3:55	5.4	10:24	3.4	11:02	-0.3	6:54	5:08	
13	Fri	6:33	5.0	5:18	5.0	11:55	2.8			6:55	5:07	
14	Sat	7:18	5.3	6:42	4.7	12:04	0.1	1:07	2.1	6:56	5:06	
15	Sun	7:57	5.7	8:00	4.6	12:59	0.4	2:07	1.3	6:57	5:05	
16	Mon	8:33	6.0	9:10	4.6	1:48	0.9	2:58	0.6	6:58	5:05	
17	Tue	9:07	6.3	10:14	4.7	2:32	1.4	3:43	0.0	6:59	5:04	
18	Wed	9:39	6.4	11:12	4.7	3:15	1.9	4:25	-0.5	7:00	5:03	
19	Thu	10:10	6.5			3:56	2.4	5:04	-0.7	7:01	5:03	
20	Fri	12:06	4.8	10:42 AM	6.4	4:37	2.8	5:42	-0.8	7:02	5:02	
21	Sat	12:58	4.8	11:14 AM	6.3	5:19	3.1	6:20	-0.8	7:03	5:02	
22	Sun	1:47	4.8	11:48 AM	6.1	6:01	3.4	6:58	-0.6	7:04	5:01	
23	Mon	2:36	4.7	12:24	5.8	6:46	3.5	7:39	-0.4	7:05	5:01	
24	Tue	3:26	4.6	1:05	5.5	7:35	3.6	8:22	-0.2	7:06	5:00	
25	Wed	4:15	4.5	1:50	5.2	8:34	3.6	9:09	0.1	7:07	5:00	
26	Thu	5:04	4.5	2:42	4.8	9:46	3.5	9:59	0.3	7:08	4:59	
27	Fri	5:47	4.6	3:45	4.4	11:04	3.3	10:49	0.6	7:09	4:59	
28	Sat	6:24	4.8	4:59	4.1			12:13	2.8	7:10	4:59	
29	Sun	6:56	5.0	6:19	3.9			1:08	2.2	7:11	4:58	
30	Mon	7:26	5.3	7:38	3.9	12:26	1.2	1:55	1.6	7:12	4:58	