

Alcatraz Island, CA - Mar 1802

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:42	6.4	10:45	4.9	2:42	2.8	3:42	-1.1	6:48	6:09	
2	Tue	9:41	6.5	11:19	5.2	3:36	2.2	4:26	-1.1	6:47	6:10	
3	Wed	10:36	6.5	11:51	5.5	4:28	1.6	5:06	-1.0	6:46	6:11	
4	Thu	11:30	6.2			5:18	1.1	5:45	-0.5	6:44	6:12	
5	Fri	12:25	5.8	12:25	5.8	6:09	0.6	6:23	0.0	6:43	6:13	
6	Sat	12:58	6.0	1:21	5.3	7:00	0.3	7:02	0.7	6:41	6:14	
7	Sun	1:33	6.1	2:22	4.7	7:53	0.1	7:42	1.5	6:40	6:15	
8	Mon	2:09	6.1	3:31	4.3	8:48	0.1	8:25	2.2	6:38	6:16	
9	Tue	2:49	5.9	4:57	4.0	9:51	0.2	9:20	2.8	6:37	6:17	
10	Wed	3:36	5.6	6:39	3.9	11:02	0.3	10:38	3.3	6:35	6:18	
11	Thu	4:33	5.3	8:04	4.2			12:17	0.4	6:34	6:19	
12	Fri	5:43	5.2	9:00	4.4	12:11	3.4	1:26	0.3	6:32	6:20	
13	Sat	6:54	5.1	9:40	4.5	1:27	3.2	2:23	0.2	6:31	6:21	
14	Sun	7:56	5.2	10:11	4.6	2:24	2.9	3:07	0.1	6:29	6:22	
15	Mon	8:48	5.2	10:38	4.7	3:09	2.5	3:43	0.0	6:28	6:23	
16	Tue	9:33	5.3	11:01	4.8	3:48	2.2	4:14	0.1	6:26	6:24	
17	Wed	10:15	5.2	11:21	5.0	4:23	1.8	4:41	0.2	6:25	6:25	
18	Thu	10:56	5.1	11:42	5.1	4:56	1.4	5:07	0.4	6:23	6:26	
19	Fri	11:36	5.0			5:29	1.1	5:32	0.7	6:22	6:27	
20	Sat	12:03	5.3	12:18	4.8	6:02	0.8	5:58	1.1	6:20	6:28	
21	Sun	12:26	5.5	1:03	4.6	6:37	0.5	6:25	1.6	6:19	6:29	
22	Mon	12:51	5.6	1:54	4.3	7:15	0.2	6:55	2.1	6:17	6:30	
23	Tue	1:19	5.7	2:54	4.0	7:59	0.1	7:29	2.5	6:16	6:30	
24	Wed	1:54	5.7	4:10	3.8	8:52	0.0	8:10	3.0	6:14	6:31	
25	Thu	2:38	5.6	5:46	3.8	9:55	0.0	9:12	3.3	6:13	6:32	
26	Fri	3:37	5.5	7:16	3.9	11:09	-0.1	10:49	3.5	6:11	6:33	
27	Sat	4:52	5.4	8:13	4.2			12:25	-0.3	6:09	6:34	
28	Sun	6:14	5.4	8:54	4.5	12:28	3.2	1:30	-0.5	6:08	6:35	
29	Mon	7:29	5.6	9:29	4.9	1:41	2.7	2:23	-0.6	6:06	6:36	
30	Tue	8:36	5.7	10:01	5.2	2:40	2.0	3:10	-0.6	6:05	6:37	
31	Wed	9:38	5.7	10:34	5.6	3:32	1.3	3:52	-0.4	6:03	6:38	