

Alcatraz Island, CA - Mar 1803

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	5:19	5.8	8:28	4.3			12:59	0.0	6:49	6:09	
2	Wed	6:30	5.6	9:22	4.6	12:41	3.3	2:05	-0.1	6:47	6:10	
3	Thu	7:38	5.6	10:04	4.8	1:55	3.1	2:58	-0.2	6:46	6:11	
4	Fri	8:37	5.6	10:38	4.9	2:52	2.7	3:41	-0.2	6:44	6:12	
5	Sat	9:26	5.6	11:08	5.0	3:38	2.4	4:16	-0.2	6:43	6:13	
6	Sun	10:10	5.5	11:34	5.0	4:19	2.1	4:47	-0.1	6:42	6:14	
7	Mon	10:51	5.4	11:56	5.1	4:55	1.8	5:14	0.2	6:40	6:15	
8	Tue	11:30	5.2			5:30	1.5	5:40	0.5	6:39	6:16	
9	Wed	12:17	5.2	12:09	4.9	6:03	1.2	6:05	0.8	6:37	6:17	
10	Thu	12:37	5.3	12:49	4.7	6:36	1.0	6:30	1.3	6:36	6:18	
11	Fri	12:59	5.4	1:32	4.4	7:11	0.8	6:56	1.7	6:34	6:19	
12	Sat	1:23	5.4	2:21	4.1	7:50	0.7	7:23	2.2	6:33	6:20	
13	Sun	1:51	5.5	3:22	3.8	8:34	0.6	7:54	2.7	6:31	6:21	
14	Mon	2:26	5.4	4:46	3.6	9:28	0.6	8:33	3.1	6:30	6:22	
15	Tue	3:11	5.3	6:35	3.6	10:34	0.5	9:38	3.4	6:28	6:23	
16	Wed	4:11	5.3	7:59	3.9	11:48	0.3	11:23	3.5	6:27	6:24	
17	Thu	5:25	5.3	8:44	4.1			12:58	0.0	6:25	6:25	
18	Fri	6:40	5.4	9:18	4.4	12:53	3.3	1:56	-0.3	6:24	6:26	
19	Sat	7:48	5.7	9:49	4.7	1:57	2.8	2:45	-0.6	6:22	6:27	
20	Sun	8:50	5.8	10:19	5.1	2:50	2.1	3:28	-0.7	6:21	6:27	
21	Mon	9:48	5.9	10:50	5.5	3:40	1.4	4:09	-0.5	6:19	6:28	
22	Tue	10:45	5.9	11:22	5.9	4:29	0.7	4:48	-0.2	6:18	6:29	
23	Wed	11:42	5.7	11:56	6.2	5:17	0.1	5:27	0.3	6:16	6:30	
24	Thu			12:39	5.3	6:06	-0.4	6:07	0.9	6:14	6:31	
25	Fri	12:31	6.4	1:40	5.0	6:57	-0.7	6:49	1.6	6:13	6:32	
26	Sat	1:09	6.4	2:45	4.6	7:50	-0.7	7:35	2.2	6:11	6:33	
27	Sun	1:52	6.3	4:00	4.3	8:48	-0.6	8:29	2.7	6:10	6:34	
28	Mon	2:40	6.0	5:25	4.2	9:54	-0.3	9:41	3.1	6:08	6:35	
29	Tue	3:38	5.6	6:50	4.3	11:07	-0.1	11:14	3.2	6:07	6:36	
30	Wed	4:49	5.2	7:55	4.4			12:22	0.0	6:05	6:37	
31	Thu	6:06	5.0	8:43	4.6	12:40	3.0	1:27	0.1	6:04	6:37	