

Alcatraz Island, CA - May 1804

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	2:49	4.9	5:55	4.1	10:05	-0.1	10:32	3.2	5:20	7:06	
2	Wed	3:54	4.6	6:40	4.3	11:03	0.0	11:53	2.8	5:19	7:07	
3	Thu	5:09	4.4	7:18	4.6	11:59	0.1			5:18	7:08	
4	Fri	6:29	4.3	7:52	5.0	12:58	2.2	12:51	0.3	5:16	7:09	
5	Sat	7:45	4.4	8:25	5.5	1:52	1.4	1:40	0.6	5:15	7:10	
6	Sun	8:56	4.5	8:59	5.9	2:41	0.6	2:26	1.0	5:14	7:11	
7	Mon	10:02	4.6	9:35	6.3	3:28	-0.3	3:11	1.4	5:13	7:12	
8	Tue	11:05	4.7	10:14	6.6	4:15	-1.0	3:57	1.8	5:12	7:13	
9	Wed			12:05	4.8	5:03	-1.5	4:44	2.2	5:11	7:14	
10	Thu			1:03	4.8	5:52	-1.8	5:33	2.5	5:10	7:14	
11	Fri			2:01	4.8	6:42	-1.8	6:27	2.8	5:09	7:15	
12	Sat	12:31	6.6	3:00	4.7	7:35	-1.6	7:27	2.9	5:08	7:16	
13	Sun	1:23	6.2	3:59	4.7	8:30	-1.3	8:37	2.9	5:07	7:17	
14	Mon	2:21	5.7	4:57	4.8	9:28	-0.9	9:58	2.8	5:06	7:18	
15	Tue	3:25	5.1	5:53	4.9	10:27	-0.4	11:20	2.5	5:06	7:19	
16	Wed	4:37	4.6	6:42	5.0	11:25	0.1			5:05	7:20	
17	Thu	5:56	4.1	7:25	5.2	12:34	2.0	12:19	0.5	5:04	7:21	
18	Fri	7:17	3.9	8:01	5.4	1:36	1.5	1:09	1.0	5:03	7:21	
19	Sat	8:31	3.9	8:33	5.6	2:28	0.9	1:54	1.4	5:02	7:22	
20	Sun	9:36	3.9	9:02	5.7	3:12	0.4	2:35	1.9	5:02	7:23	
21	Mon	10:32	4.1	9:30	5.8	3:51	0.0	3:14	2.3	5:01	7:24	
22	Tue	11:23	4.2	9:58	5.8	4:26	-0.3	3:51	2.6	5:00	7:25	
23	Wed			12:08	4.3	4:59	-0.5	4:27	2.9	5:00	7:26	
24	Thu			12:51	4.3	5:32	-0.6	5:03	3.1	4:59	7:26	
25	Fri			1:31	4.3	6:05	-0.7	5:40	3.2	4:58	7:27	
26	Sat			2:11	4.3	6:40	-0.8	6:18	3.2	4:58	7:28	
27	Sun	12:11	5.7	2:52	4.3	7:18	-0.8	7:01	3.3	4:57	7:29	
28	Mon	12:51	5.5	3:34	4.4	7:58	-0.7	7:51	3.2	4:57	7:29	
29	Tue	1:35	5.3	4:16	4.4	8:40	-0.6	8:54	3.1	4:56	7:30	
30	Wed	2:26	4.9	4:57	4.6	9:26	-0.4	10:07	2.9	4:56	7:31	
31	Thu	3:27	4.6	5:37	4.9	10:14	0.0	11:23	2.4	4:56	7:31	