

Alcatraz Island, CA - Aug 1804

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	9:15	4.3	7:29	6.7	1:55	-0.2	1:11	3.2	5:19	7:25	
2	Thu	10:09	4.6	8:29	6.8	2:53	-0.6	2:19	3.2	5:20	7:24	
3	Fri	10:54	4.9	9:25	6.9	3:44	-0.9	3:19	2.9	5:21	7:23	
4	Sat	11:34	5.1	10:17	6.8	4:30	-1.0	4:14	2.7	5:22	7:22	
5	Sun			12:12	5.2	5:12	-0.9	5:05	2.4	5:23	7:21	
6	Mon			12:47	5.4	5:50	-0.7	5:54	2.1	5:23	7:20	
7	Tue			1:20	5.5	6:27	-0.3	6:42	1.9	5:24	7:19	
8	Wed	12:41	5.7	1:52	5.5	7:02	0.2	7:31	1.8	5:25	7:18	
9	Thu	1:28	5.2	2:23	5.6	7:36	0.7	8:22	1.6	5:26	7:17	
10	Fri	2:20	4.6	2:54	5.6	8:10	1.4	9:16	1.5	5:27	7:15	
11	Sat	3:20	4.2	3:28	5.6	8:46	2.0	10:17	1.4	5:28	7:14	
12	Sun	4:38	3.8	4:08	5.5	9:29	2.6	11:24	1.3	5:29	7:13	
13	Mon	6:24	3.7	4:56	5.5	10:27	3.1			5:30	7:12	
14	Tue	8:09	3.9	5:52	5.6	12:32	1.1	11:46 AM	3.4	5:30	7:11	
15	Wed	9:11	4.1	6:50	5.7	1:33	0.8	1:01	3.5	5:31	7:09	
16	Thu	9:52	4.3	7:46	5.8	2:24	0.5	2:00	3.4	5:32	7:08	
17	Fri	10:23	4.5	8:36	6.0	3:07	0.2	2:47	3.2	5:33	7:07	
18	Sat	10:51	4.7	9:22	6.2	3:45	-0.1	3:28	3.0	5:34	7:06	
19	Sun	11:18	4.8	10:06	6.2	4:19	-0.3	4:07	2.6	5:35	7:04	
20	Mon	11:45	5.0	10:50	6.2	4:51	-0.4	4:46	2.3	5:36	7:03	
21	Tue			12:12	5.3	5:23	-0.3	5:28	1.9	5:36	7:02	
22	Wed			12:40	5.6	5:56	-0.1	6:12	1.5	5:37	7:00	
23	Thu	12:25	5.7	1:10	5.8	6:30	0.4	6:59	1.1	5:38	6:59	
24	Fri	1:17	5.3	1:43	6.1	7:05	0.9	7:52	0.8	5:39	6:57	
25	Sat	2:17	4.9	2:21	6.2	7:44	1.6	8:51	0.6	5:40	6:56	
26	Sun	3:29	4.4	3:05	6.3	8:28	2.2	9:58	0.5	5:41	6:55	
27	Mon	4:57	4.1	3:58	6.3	9:22	2.8	11:15	0.3	5:42	6:53	
28	Tue	6:37	4.1	5:03	6.3	10:37	3.2			5:43	6:52	
29	Wed	8:00	4.4	6:14	6.3	12:33	0.1	12:05	3.3	5:43	6:50	
30	Thu	8:59	4.7	7:23	6.3	1:41	-0.1	1:24	3.2	5:44	6:49	
31	Fri	9:44	4.9	8:26	6.3	2:38	-0.3	2:28	2.8	5:45	6:47	