

Alcatraz Island, CA - Nov 1804

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	10:23	6.0	11:53	4.7	4:08	2.2	5:03	-0.1	6:42	5:18	
2	Fri	10:48	6.0			4:41	2.5	5:36	-0.2	6:43	5:17	
3	Sat	12:39	4.6	11:15 AM	5.9	5:15	2.9	6:09	-0.3	6:44	5:16	
4	Sun	1:24	4.6	11:44 AM	5.9	5:49	3.1	6:44	-0.3	6:45	5:15	
5	Mon	2:09	4.5	12:18	5.7	6:25	3.3	7:22	-0.2	6:46	5:14	
6	Tue	2:57	4.4	12:55	5.5	7:05	3.5	8:04	-0.1	6:47	5:13	
7	Wed	3:48	4.3	1:39	5.3	7:53	3.6	8:51	0.1	6:48	5:12	
8	Thu	4:41	4.3	2:30	5.0	8:58	3.6	9:43	0.2	6:50	5:11	
9	Fri	5:32	4.4	3:32	4.7	10:22	3.4	10:38	0.4	6:51	5:10	
10	Sat	6:16	4.6	4:46	4.5	11:42	3.1	11:33	0.6	6:52	5:09	
11	Sun	6:53	4.9	6:05	4.3			12:45	2.5	6:53	5:08	
12	Mon	7:26	5.3	7:23	4.4	12:25	0.8	1:36	1.7	6:54	5:07	
13	Tue	7:59	5.7	8:35	4.5	1:13	1.1	2:22	0.9	6:55	5:07	
14	Wed	8:32	6.1	9:41	4.7	1:59	1.4	3:07	0.1	6:56	5:06	
15	Thu	9:07	6.5	10:43	4.9	2:44	1.8	3:52	-0.7	6:57	5:05	
16	Fri	9:46	6.9	11:42	5.0	3:30	2.2	4:38	-1.2	6:58	5:04	
17	Sat	10:28	7.1			4:16	2.6	5:25	-1.6	6:59	5:04	
18	Sun	12:38	5.0	11:13 AM	7.1	5:05	2.8	6:15	-1.7	7:00	5:03	
19	Mon	1:34	5.0	12:02	7.0	5:57	3.0	7:06	-1.6	7:01	5:03	
20	Tue	2:30	5.0	12:55	6.6	6:55	3.1	8:00	-1.3	7:02	5:02	
21	Wed	3:26	5.0	1:52	6.1	8:02	3.1	8:56	-0.8	7:03	5:01	
22	Thu	4:23	5.0	2:55	5.5	9:20	3.0	9:54	-0.3	7:05	5:01	
23	Fri	5:18	5.2	4:07	4.9	10:44	2.7	10:52	0.2	7:06	5:00	
24	Sat	6:09	5.3	5:28	4.4			12:04	2.2	7:07	5:00	
25	Sun	6:54	5.5	6:53	4.1			1:11	1.6	7:08	5:00	
26	Mon	7:35	5.7	8:14	4.1	12:42	1.2	2:08	1.0	7:09	4:59	
27	Tue	8:10	5.9	9:23	4.2	1:31	1.7	2:55	0.5	7:10	4:59	
28	Wed	8:43	6.0	10:22	4.3	2:17	2.2	3:36	0.1	7:11	4:59	
29	Thu	9:13	6.1	11:13	4.5	2:59	2.6	4:12	-0.2	7:12	4:58	
30	Fri	9:43	6.1			3:39	2.9	4:47	-0.4	7:13	4:58	