

Alcatraz Island, CA - Mar 1829

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:34	5.9	9:32	4.7	1:26	2.6	2:27	-0.3	6:48	6:10	
2	Mon	8:34	6.1	10:13	5.0	2:26	2.3	3:16	-0.6	6:46	6:11	
3	Tue	9:31	6.3	10:52	5.4	3:20	1.8	4:02	-0.8	6:45	6:12	
4	Wed	10:25	6.4	11:31	5.7	4:11	1.4	4:46	-0.8	6:43	6:13	
5	Thu	11:19	6.3			5:01	0.9	5:29	-0.6	6:42	6:14	
6	Fri	12:09	5.9	12:13	6.1	5:51	0.5	6:12	-0.2	6:41	6:15	
7	Sat	12:49	6.1	1:07	5.7	6:43	0.3	6:56	0.3	6:39	6:16	
8	Sun	1:29	6.1	2:05	5.2	7:36	0.2	7:42	0.9	6:38	6:17	
9	Mon	2:12	6.1	3:08	4.8	8:33	0.2	8:32	1.5	6:36	6:18	
10	Tue	2:58	5.9	4:20	4.4	9:35	0.3	9:30	2.1	6:35	6:19	
11	Wed	3:50	5.7	5:44	4.2	10:45	0.4	10:42	2.5	6:33	6:20	
12	Thu	4:50	5.4	7:07	4.3	11:58	0.5			6:32	6:21	
13	Fri	5:56	5.2	8:15	4.5	12:02	2.6	1:06	0.4	6:30	6:22	
14	Sat	7:02	5.2	9:06	4.7	1:15	2.6	2:04	0.3	6:29	6:22	
15	Sun	8:02	5.2	9:46	4.8	2:14	2.3	2:51	0.3	6:27	6:23	
16	Mon	8:53	5.2	10:19	4.9	3:02	2.1	3:31	0.3	6:26	6:24	
17	Tue	9:39	5.2	10:48	5.0	3:44	1.8	4:05	0.3	6:24	6:25	
18	Wed	10:20	5.2	11:14	5.1	4:21	1.5	4:36	0.4	6:23	6:26	
19	Thu	11:00	5.2	11:39	5.2	4:55	1.3	5:06	0.6	6:21	6:27	
20	Fri	11:39	5.1			5:27	1.0	5:34	0.8	6:19	6:28	
21	Sat	12:04	5.3	12:18	4.9	6:00	0.8	6:02	1.0	6:18	6:29	
22	Sun	12:31	5.4	12:58	4.7	6:33	0.6	6:32	1.3	6:16	6:30	
23	Mon	12:59	5.4	1:42	4.5	7:09	0.5	7:05	1.6	6:15	6:31	
24	Tue	1:30	5.4	2:32	4.3	7:50	0.4	7:42	2.0	6:13	6:32	
25	Wed	2:06	5.4	3:32	4.1	8:38	0.4	8:26	2.4	6:12	6:33	
26	Thu	2:50	5.3	4:44	3.9	9:34	0.3	9:25	2.7	6:10	6:34	
27	Fri	3:44	5.2	6:04	4.0	10:39	0.3	10:43	2.8	6:09	6:34	
28	Sat	4:50	5.2	7:14	4.2	11:49	0.1			6:07	6:35	
29	Sun	6:04	5.2	8:09	4.6	12:07	2.7	12:55	0.0	6:06	6:36	
30	Mon	7:16	5.3	8:55	4.9	1:19	2.3	1:53	-0.2	6:04	6:37	
31	Tue	8:22	5.5	9:35	5.3	2:19	1.7	2:45	-0.3	6:03	6:38	