

Alcatraz Island, CA - Nov 1829

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:11	4.6	1:52	5.5	7:50	3.0	8:41	0.0	6:42	5:18	
2	Mon	4:09	4.6	2:46	5.3	8:51	3.1	9:37	0.1	6:43	5:17	
3	Tue	5:10	4.7	3:52	5.0	10:09	3.0	10:39	0.2	6:44	5:16	
4	Wed	6:07	4.9	5:09	4.9	11:33	2.7	11:43	0.3	6:45	5:15	
5	Thu	6:58	5.2	6:29	4.8			12:45	2.2	6:46	5:14	
6	Fri	7:44	5.5	7:44	4.9	12:43	0.5	1:44	1.5	6:47	5:13	
7	Sat	8:25	5.9	8:52	5.1	1:38	0.6	2:36	0.7	6:48	5:12	
8	Sun	9:06	6.3	9:54	5.2	2:29	0.9	3:25	0.0	6:49	5:11	
9	Mon	9:46	6.6	10:52	5.3	3:17	1.1	4:12	-0.5	6:51	5:10	
10	Tue	10:27	6.8	11:48	5.3	4:04	1.4	4:59	-0.9	6:52	5:09	
11	Wed	11:08	6.8			4:52	1.8	5:45	-1.1	6:53	5:08	
12	Thu	12:43	5.3	11:50 AM	6.7	5:40	2.1	6:32	-1.1	6:54	5:07	
13	Fri	1:37	5.2	12:34	6.4	6:31	2.4	7:19	-0.9	6:55	5:07	
14	Sat	2:32	5.1	1:20	6.0	7:26	2.7	8:08	-0.6	6:56	5:06	
15	Sun	3:28	5.0	2:09	5.5	8:28	2.8	9:00	-0.2	6:57	5:05	
16	Mon	4:26	5.0	3:05	5.1	9:39	2.9	9:56	0.2	6:58	5:04	
17	Tue	5:24	5.0	4:09	4.6	10:57	2.8	10:54	0.6	6:59	5:04	
18	Wed	6:17	5.1	5:22	4.3			12:09	2.5	7:00	5:03	
19	Thu	7:04	5.2	6:38	4.1			1:10	2.1	7:01	5:03	
20	Fri	7:43	5.3	7:49	4.1	12:46	1.2	2:01	1.6	7:02	5:02	
21	Sat	8:17	5.5	8:50	4.2	1:34	1.5	2:44	1.1	7:03	5:01	
22	Sun	8:48	5.7	9:43	4.3	2:17	1.7	3:22	0.7	7:04	5:01	
23	Mon	9:18	5.8	10:31	4.5	2:56	1.9	3:57	0.3	7:05	5:00	
24	Tue	9:48	6.0	11:15	4.6	3:32	2.2	4:30	0.0	7:06	5:00	
25	Wed	10:19	6.1	11:58	4.7	4:08	2.4	5:02	-0.3	7:08	5:00	
26	Thu	10:52	6.1			4:43	2.5	5:36	-0.5	7:09	4:59	
27	Fri	12:40	4.8	11:27 AM	6.1	5:21	2.7	6:12	-0.6	7:10	4:59	
28	Sat	1:23	4.8	12:05	6.1	6:01	2.8	6:51	-0.7	7:11	4:59	
29	Sun	2:08	4.8	12:46	5.9	6:45	2.9	7:33	-0.7	7:12	4:58	
30	Mon	2:55	4.9	1:33	5.7	7:37	2.9	8:19	-0.5	7:12	4:58	