

Alcatraz Island, CA - Dec 1829

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	3:44	4.9	2:27	5.3	8:40	2.9	9:10	-0.2	7:13	4:58	
2	Wed	4:35	5.1	3:33	4.9	9:55	2.7	10:06	0.1	7:14	4:58	
3	Thu	5:26	5.3	4:52	4.6	11:16	2.3	11:06	0.5	7:15	4:58	
4	Fri	6:17	5.6	6:18	4.4			12:29	1.7	7:16	4:57	
5	Sat	7:04	5.9	7:40	4.4	12:06	0.9	1:32	1.0	7:17	4:57	
6	Sun	7:50	6.3	8:53	4.6	1:05	1.3	2:27	0.3	7:18	4:57	
7	Mon	8:34	6.6	9:58	4.8	2:00	1.6	3:17	-0.3	7:19	4:57	
8	Tue	9:18	6.8	10:55	5.0	2:53	1.9	4:04	-0.8	7:20	4:57	
9	Wed	10:01	6.9	11:48	5.1	3:44	2.1	4:49	-1.1	7:21	4:57	
10	Thu	10:44	6.8			4:34	2.3	5:33	-1.2	7:21	4:58	
11	Fri	12:38	5.2	11:27 AM	6.6	5:24	2.5	6:16	-1.1	7:22	4:58	
12	Sat	1:26	5.2	12:10	6.3	6:14	2.6	6:58	-0.9	7:23	4:58	
13	Sun	2:13	5.2	12:54	5.9	7:06	2.7	7:41	-0.6	7:24	4:58	
14	Mon	2:59	5.1	1:39	5.5	8:02	2.8	8:24	-0.2	7:24	4:58	
15	Tue	3:44	5.1	2:27	5.0	9:03	2.8	9:09	0.2	7:25	4:59	
16	Wed	4:30	5.1	3:23	4.5	10:11	2.7	9:56	0.7	7:26	4:59	
17	Thu	5:15	5.1	4:31	4.0	11:22	2.4	10:48	1.2	7:26	4:59	
18	Fri	5:59	5.2	5:51	3.7			12:28	2.0	7:27	5:00	
19	Sat	6:41	5.4	7:16	3.7			1:25	1.6	7:28	5:00	
20	Sun	7:20	5.6	8:30	3.8	12:36	1.9	2:13	1.1	7:28	5:01	
21	Mon	7:57	5.8	9:30	4.1	1:28	2.2	2:54	0.6	7:29	5:01	
22	Tue	8:34	6.0	10:19	4.3	2:15	2.4	3:32	0.2	7:29	5:02	
23	Wed	9:11	6.1	11:04	4.5	2:58	2.6	4:07	-0.2	7:30	5:02	
24	Thu	9:49	6.3	11:45	4.7	3:39	2.7	4:42	-0.5	7:30	5:03	
25	Fri	10:27	6.4			4:20	2.7	5:17	-0.8	7:30	5:03	
26	Sat	12:25	4.9	11:07 AM	6.4	5:02	2.7	5:55	-0.9	7:31	5:04	
27	Sun	1:04	5.0	11:49 AM	6.3	5:45	2.7	6:34	-1.0	7:31	5:05	
28	Mon	1:45	5.1	12:34	6.2	6:33	2.6	7:15	-0.9	7:31	5:05	
29	Tue	2:26	5.2	1:23	5.8	7:25	2.5	7:59	-0.6	7:32	5:06	
30	Wed	3:10	5.4	2:19	5.4	8:26	2.4	8:45	-0.2	7:32	5:07	
31	Thu	3:55	5.5	3:24	4.8	9:35	2.1	9:40	0.2	7:32	5:07	