

Alcatraz Island, CA - Jan 1830

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:50	5.6	4:40	4.4	10:53	1.9	10:37	0.8	7:32	5:08	
2	Sat	5:41	5.9	6:09	4.1			12:10	1.4	7:32	5:09	
3	Sun	6:32	6.1	7:38	4.2			1:18	0.8	7:32	5:10	
4	Mon	7:23	6.4	8:55	4.4	12:41	1.8	2:17	0.2	7:33	5:11	
5	Tue	8:12	6.6	9:59	4.7	1:43	2.1	3:09	-0.3	7:33	5:12	
6	Wed	9:00	6.7	10:53	4.9	2:41	2.3	3:57	-0.7	7:33	5:12	
7	Thu	9:46	6.7	11:42	5.1	3:34	2.5	4:40	-0.9	7:33	5:13	
8	Fri	10:30	6.6			4:25	2.5	5:21	-0.9	7:32	5:14	
9	Sat	12:26	5.2	11:12 AM	6.4	5:13	2.5	6:00	-0.9	7:32	5:15	
10	Sun	1:07	5.2	11:54 AM	6.2	6:00	2.5	6:38	-0.7	7:32	5:16	
11	Mon	1:46	5.2	12:34	5.8	6:46	2.5	7:14	-0.4	7:32	5:17	
12	Tue	2:23	5.2	1:15	5.4	7:33	2.5	7:51	0.0	7:32	5:18	
13	Wed	2:59	5.1	1:58	5.0	8:23	2.5	8:28	0.4	7:32	5:19	
14	Thu	3:36	5.1	2:46	4.5	9:19	2.4	9:08	0.9	7:31	5:20	
15	Fri	4:14	5.1	3:46	4.0	10:23	2.3	9:51	1.4	7:31	5:21	
16	Sat	4:55	5.2	5:03	3.7	11:31	2.0	10:42	1.9	7:31	5:22	
17	Sun	5:39	5.3	6:36	3.5			12:36	1.6	7:30	5:23	
18	Mon	6:25	5.5	8:04	3.7			1:32	1.2	7:30	5:24	
19	Tue	7:11	5.7	9:10	4.0	12:42	2.6	2:20	0.7	7:29	5:25	
20	Wed	7:56	5.9	10:00	4.3	1:40	2.7	3:02	0.2	7:29	5:26	
21	Thu	8:41	6.1	10:43	4.5	2:31	2.8	3:41	-0.2	7:28	5:28	
22	Fri	9:25	6.3	11:22	4.8	3:17	2.7	4:19	-0.6	7:28	5:29	
23	Sat	10:08	6.5			4:01	2.6	4:57	-0.9	7:27	5:30	
24	Sun	12:00	5.0	10:53 AM	6.6	4:45	2.5	5:36	-1.0	7:27	5:31	
25	Mon	12:37	5.2	11:39 AM	6.5	5:31	2.3	6:15	-1.0	7:26	5:32	
26	Tue	1:15	5.4	12:27	6.3	6:19	2.1	6:56	-0.9	7:25	5:33	
27	Wed	1:54	5.5	1:18	5.9	7:11	1.8	7:39	-0.5	7:25	5:34	
28	Thu	2:35	5.7	2:14	5.4	8:09	1.6	8:24	0.1	7:24	5:35	
29	Fri	3:19	5.8	3:19	4.8	9:14	1.5	9:13	0.7	7:23	5:36	
30	Sat	4:07	5.9	4:38	4.3	10:27	1.2	10:09	1.4	7:22	5:37	

Date		High				Low						
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31	Sun	5:00	6.0	6:10	4.1	11:45	0.9	11:15	1.9	7:22	5:39	