

Alcatraz Island, CA - May 1830

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:47	4.3	8:17	5.1	1:16	2.0	1:15	0.5	5:20	7:06	
2	Sun	7:55	4.3	8:54	5.2	2:11	1.6	2:03	0.7	5:19	7:07	
3	Mon	8:55	4.3	9:26	5.3	2:58	1.2	2:46	0.9	5:18	7:08	
4	Tue	9:47	4.4	9:54	5.4	3:38	0.8	3:23	1.2	5:17	7:09	
5	Wed	10:34	4.4	10:21	5.5	4:14	0.4	3:58	1.4	5:16	7:10	
6	Thu	11:18	4.4	10:48	5.6	4:47	0.2	4:31	1.7	5:15	7:11	
7	Fri			12:00	4.4	5:19	-0.1	5:03	1.9	5:14	7:12	
8	Sat			12:42	4.4	5:51	-0.3	5:36	2.2	5:12	7:12	
9	Sun			1:24	4.4	6:23	-0.4	6:11	2.4	5:11	7:13	
10	Mon	12:17	5.6	2:09	4.4	6:59	-0.5	6:49	2.6	5:10	7:14	
11	Tue	12:52	5.5	2:57	4.4	7:38	-0.5	7:33	2.8	5:10	7:15	
12	Wed	1:31	5.3	3:49	4.4	8:22	-0.4	8:27	2.9	5:09	7:16	
13	Thu	2:18	5.1	4:44	4.4	9:12	-0.3	9:35	2.9	5:08	7:17	
14	Fri	3:15	4.8	5:39	4.6	10:07	-0.2	10:55	2.7	5:07	7:18	
15	Sat	4:24	4.6	6:30	4.8	11:07	0.0			5:06	7:19	
16	Sun	5:43	4.4	7:16	5.2	12:10	2.3	12:07	0.2	5:05	7:20	
17	Mon	7:03	4.4	7:59	5.5	1:14	1.6	1:03	0.4	5:04	7:20	
18	Tue	8:17	4.5	8:40	5.9	2:10	0.9	1:57	0.6	5:03	7:21	
19	Wed	9:24	4.7	9:21	6.3	3:01	0.1	2:47	0.9	5:03	7:22	
20	Thu	10:27	4.8	10:02	6.5	3:49	-0.5	3:36	1.2	5:02	7:23	
21	Fri	11:25	5.0	10:45	6.7	4:37	-1.1	4:25	1.6	5:01	7:24	
22	Sat			12:22	5.0	5:25	-1.4	5:15	1.9	5:01	7:25	
23	Sun			1:17	5.1	6:13	-1.5	6:07	2.2	5:00	7:25	
24	Mon	12:14	6.5	2:12	5.0	7:01	-1.4	7:02	2.4	4:59	7:26	
25	Tue	1:01	6.1	3:07	5.0	7:50	-1.2	8:03	2.6	4:59	7:27	
26	Wed	1:50	5.7	4:03	5.0	8:41	-0.8	9:12	2.6	4:58	7:28	
27	Thu	2:44	5.2	4:59	5.0	9:34	-0.4	10:27	2.6	4:58	7:28	
28	Fri	3:44	4.7	5:53	5.0	10:30	0.1	11:41	2.3	4:57	7:29	
29	Sat	4:54	4.2	6:42	5.1	11:26	0.5			4:57	7:30	
30	Sun	6:10	3.9	7:25	5.2	12:47	1.9	12:21	0.9	4:56	7:31	
31	Mon	7:26	3.8	8:02	5.4	1:44	1.5	1:11	1.2	4:56	7:31	