

Alcatraz Island, CA - Aug 1830

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	10:28	4.5	9:08	6.2	3:27	0.1	3:02	2.8	5:19	7:25	
2	Mon	11:06	4.7	9:52	6.4	4:04	-0.2	3:45	2.7	5:20	7:24	
3	Tue	11:42	4.9	10:35	6.5	4:41	-0.5	4:27	2.6	5:21	7:23	
4	Wed			12:17	5.1	5:18	-0.6	5:11	2.4	5:22	7:22	
5	Thu			12:53	5.3	5:56	-0.6	5:56	2.2	5:22	7:21	
6	Fri	12:06	6.3	1:30	5.5	6:35	-0.5	6:46	1.9	5:23	7:20	
7	Sat	12:55	6.0	2:09	5.7	7:15	-0.2	7:39	1.7	5:24	7:19	
8	Sun	1:49	5.6	2:50	5.9	7:58	0.2	8:39	1.5	5:25	7:18	
9	Mon	2:50	5.1	3:35	6.0	8:45	0.8	9:47	1.3	5:26	7:17	
10	Tue	4:02	4.6	4:25	6.1	9:38	1.4	11:01	1.0	5:27	7:16	
11	Wed	5:27	4.3	5:21	6.2	10:39	1.9			5:28	7:15	
12	Thu	6:58	4.3	6:20	6.3	12:16	0.7	11:49 AM	2.4	5:28	7:13	
13	Fri	8:17	4.5	7:19	6.4	1:24	0.3	1:00	2.6	5:29	7:12	
14	Sat	9:20	4.8	8:16	6.5	2:23	0.0	2:04	2.6	5:30	7:11	
15	Sun	10:11	5.0	9:09	6.5	3:15	-0.3	3:02	2.5	5:31	7:10	
16	Mon	10:56	5.2	9:58	6.5	4:00	-0.4	3:53	2.3	5:32	7:09	
17	Tue	11:36	5.3	10:43	6.3	4:41	-0.4	4:40	2.2	5:33	7:07	
18	Wed			12:13	5.4	5:20	-0.3	5:24	2.1	5:34	7:06	
19	Thu			12:46	5.4	5:55	-0.1	6:06	2.0	5:35	7:05	
20	Fri	12:08	5.8	1:18	5.4	6:30	0.2	6:48	1.9	5:35	7:03	
21	Sat	12:50	5.5	1:49	5.4	7:04	0.6	7:30	1.8	5:36	7:02	
22	Sun	1:32	5.1	2:20	5.3	7:38	1.0	8:15	1.8	5:37	7:01	
23	Mon	2:18	4.7	2:53	5.3	8:14	1.5	9:05	1.7	5:38	6:59	
24	Tue	3:12	4.3	3:31	5.3	8:53	2.0	10:03	1.7	5:39	6:58	
25	Wed	4:20	4.0	4:16	5.3	9:41	2.4	11:09	1.5	5:40	6:56	
26	Thu	5:45	3.9	5:07	5.3	10:42	2.8			5:41	6:55	
27	Fri	7:13	3.9	6:04	5.4	12:15	1.3	11:55 AM	3.0	5:41	6:54	
28	Sat	8:21	4.2	7:00	5.6	1:14	1.0	1:01	3.0	5:42	6:52	
29	Sun	9:10	4.4	7:54	5.8	2:05	0.6	1:56	2.9	5:43	6:51	
30	Mon	9:49	4.7	8:44	6.1	2:49	0.3	2:43	2.7	5:44	6:49	
31	Tue	10:25	5.0	9:33	6.3	3:29	0.0	3:27	2.3	5:45	6:48	