

Alcatraz Island, CA - May 1831

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:26	5.2	3:38	4.1	8:16	-0.1	8:16	2.9	5:20	7:06	
2	Mon	2:06	5.0	4:36	4.1	9:03	0.0	9:17	3.1	5:19	7:07	
3	Tue	2:55	4.7	5:36	4.2	9:56	0.1	10:35	3.1	5:18	7:08	
4	Wed	3:55	4.5	6:32	4.4	10:55	0.2	11:54	2.8	5:17	7:09	
5	Thu	5:06	4.4	7:18	4.6	11:54	0.3			5:16	7:10	
6	Fri	6:22	4.3	7:58	4.9	12:57	2.4	12:50	0.3	5:15	7:10	
7	Sat	7:33	4.4	8:34	5.3	1:49	1.8	1:41	0.4	5:14	7:11	
8	Sun	8:39	4.6	9:10	5.6	2:35	1.1	2:28	0.5	5:13	7:12	
9	Mon	9:40	4.8	9:46	6.0	3:20	0.4	3:14	0.7	5:12	7:13	
10	Tue	10:39	4.9	10:24	6.3	4:05	-0.3	3:59	1.0	5:11	7:14	
11	Wed	11:36	5.0	11:04	6.5	4:51	-0.9	4:44	1.4	5:10	7:15	
12	Thu			12:33	5.1	5:38	-1.3	5:32	1.7	5:09	7:16	
13	Fri			1:31	5.0	6:27	-1.5	6:23	2.0	5:08	7:17	
14	Sat	12:32	6.5	2:29	5.0	7:18	-1.5	7:19	2.3	5:07	7:18	
15	Sun	1:22	6.2	3:30	4.9	8:12	-1.3	8:23	2.6	5:06	7:18	
16	Mon	2:16	5.8	4:33	4.9	9:10	-1.0	9:38	2.6	5:05	7:19	
17	Tue	3:17	5.3	5:36	5.0	10:11	-0.6	11:01	2.5	5:04	7:20	
18	Wed	4:27	4.8	6:34	5.2	11:14	-0.2			5:04	7:21	
19	Thu	5:44	4.5	7:25	5.3	12:19	2.1	12:15	0.2	5:03	7:22	
20	Fri	7:02	4.3	8:08	5.5	1:25	1.7	1:10	0.5	5:02	7:23	
21	Sat	8:14	4.2	8:46	5.6	2:20	1.1	2:00	0.9	5:01	7:24	
22	Sun	9:17	4.2	9:20	5.7	3:07	0.7	2:44	1.2	5:01	7:24	
23	Mon	10:12	4.3	9:50	5.7	3:49	0.3	3:24	1.6	5:00	7:25	
24	Tue	11:01	4.3	10:18	5.8	4:25	0.0	4:01	1.9	4:59	7:26	
25	Wed	11:47	4.4	10:47	5.8	4:59	-0.2	4:37	2.2	4:59	7:27	
26	Thu			12:30	4.4	5:32	-0.4	5:13	2.5	4:58	7:27	
27	Fri			1:11	4.4	6:04	-0.5	5:48	2.7	4:58	7:28	
28	Sat			1:52	4.4	6:37	-0.5	6:26	2.8	4:57	7:29	
29	Sun	12:20	5.6	2:34	4.4	7:12	-0.5	7:06	3.0	4:57	7:30	
30	Mon	12:56	5.4	3:18	4.4	7:50	-0.5	7:53	3.1	4:56	7:30	
31	Tue	1:37	5.2	4:04	4.5	8:32	-0.3	8:50	3.1	4:56	7:31	