

Alcatraz Island, CA - Aug 1831

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:29	4.1	5:37	6.1	10:48	1.8			5:19	7:26	
2	Tue	7:02	4.1	6:31	6.3	12:26	0.9	11:53 AM	2.2	5:20	7:25	
3	Wed	8:24	4.3	7:27	6.6	1:31	0.3	1:00	2.5	5:20	7:24	
4	Thu	9:30	4.6	8:22	6.8	2:29	-0.2	2:04	2.6	5:21	7:23	
5	Fri	10:24	4.9	9:16	6.9	3:21	-0.6	3:03	2.5	5:22	7:22	
6	Sat	11:12	5.2	10:08	6.9	4:10	-0.9	3:58	2.4	5:23	7:21	
7	Sun	11:56	5.4	10:58	6.8	4:56	-1.0	4:50	2.2	5:24	7:19	
8	Mon			12:38	5.5	5:40	-0.9	5:42	2.1	5:25	7:18	
9	Tue			1:18	5.6	6:22	-0.6	6:33	2.0	5:26	7:17	
10	Wed	12:36	6.2	1:57	5.6	7:03	-0.3	7:24	1.9	5:27	7:16	
11	Thu	1:25	5.7	2:36	5.6	7:44	0.2	8:18	1.8	5:27	7:15	
12	Fri	2:16	5.1	3:15	5.5	8:25	0.8	9:16	1.8	5:28	7:14	
13	Sat	3:13	4.6	3:55	5.5	9:09	1.4	10:20	1.7	5:29	7:13	
14	Sun	4:22	4.2	4:39	5.5	9:59	2.0	11:27	1.5	5:30	7:11	
15	Mon	5:47	3.9	5:27	5.5	10:59	2.5			5:31	7:10	
16	Tue	7:19	3.9	6:18	5.5	12:32	1.3	12:05	2.8	5:32	7:09	
17	Wed	8:33	4.1	7:10	5.6	1:31	1.0	1:09	2.9	5:33	7:08	
18	Thu	9:26	4.4	7:58	5.8	2:21	0.7	2:04	3.0	5:33	7:06	
19	Fri	10:07	4.6	8:44	5.9	3:04	0.4	2:51	2.9	5:34	7:05	
20	Sat	10:42	4.7	9:27	6.0	3:42	0.2	3:32	2.8	5:35	7:04	
21	Sun	11:13	4.9	10:09	6.1	4:17	0.0	4:09	2.6	5:36	7:02	
22	Mon	11:44	5.0	10:50	6.1	4:50	-0.1	4:46	2.4	5:37	7:01	
23	Tue			12:14	5.2	5:23	-0.2	5:24	2.1	5:38	7:00	
24	Wed			12:46	5.3	5:57	-0.1	6:04	1.9	5:39	6:58	
25	Thu	12:15	5.9	1:18	5.5	6:32	0.1	6:48	1.6	5:40	6:57	
26	Fri	1:02	5.6	1:53	5.7	7:09	0.4	7:37	1.4	5:40	6:55	
27	Sat	1:55	5.3	2:32	5.8	7:49	0.9	8:32	1.2	5:41	6:54	
28	Sun	2:56	4.8	3:15	5.9	8:34	1.4	9:35	1.0	5:42	6:53	
29	Mon	4:10	4.5	4:05	6.0	9:27	2.0	10:47	0.8	5:43	6:51	
30	Tue	5:37	4.3	5:04	6.1	10:32	2.5			5:44	6:50	
31	Wed	7:06	4.4	6:07	6.2	12:02	0.5	11:48 AM	2.7	5:45	6:48	