

Alcatraz Island, CA - Mar 1834

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	3:45	5.9	5:16	4.1	10:32	0.4	10:09	2.3	6:48	6:10	
2	Sun	4:39	5.8	6:55	4.1	11:47	0.3	11:27	2.8	6:47	6:11	
3	Mon	5:41	5.7	8:19	4.3			1:01	0.1	6:45	6:12	
4	Tue	6:46	5.6	9:20	4.6	12:51	3.0	2:04	0.0	6:44	6:13	
5	Wed	7:49	5.6	10:05	4.8	2:01	2.9	2:57	-0.2	6:42	6:14	
6	Thu	8:44	5.6	10:43	4.9	2:58	2.7	3:42	-0.3	6:41	6:15	
7	Fri	9:33	5.7	11:16	5.0	3:44	2.4	4:19	-0.3	6:39	6:16	
8	Sat	10:16	5.6	11:44	5.0	4:24	2.2	4:53	-0.2	6:38	6:17	
9	Sun	10:55	5.5			5:00	1.9	5:23	0.0	6:36	6:18	
10	Mon	12:08	5.0	11:33 AM	5.4	5:34	1.7	5:51	0.2	6:35	6:18	
11	Tue	12:31	5.0	12:11	5.1	6:07	1.5	6:18	0.5	6:33	6:19	
12	Wed	12:54	5.1	12:50	4.9	6:40	1.3	6:46	0.9	6:32	6:20	
13	Thu	1:17	5.2	1:31	4.6	7:15	1.1	7:14	1.3	6:30	6:21	
14	Fri	1:43	5.2	2:18	4.2	7:54	1.0	7:45	1.8	6:29	6:22	
15	Sat	2:12	5.3	3:16	3.9	8:39	0.9	8:20	2.3	6:27	6:23	
16	Sun	2:47	5.2	4:34	3.7	9:32	0.8	9:05	2.7	6:26	6:24	
17	Mon	3:31	5.2	6:12	3.7	10:36	0.7	10:11	3.1	6:24	6:25	
18	Tue	4:27	5.2	7:41	3.9	11:49	0.4	11:41	3.3	6:23	6:26	
19	Wed	5:36	5.2	8:39	4.2			12:58	0.1	6:21	6:27	
20	Thu	6:47	5.4	9:21	4.5	1:02	3.1	1:58	-0.3	6:20	6:28	
21	Fri	7:53	5.7	9:57	4.8	2:04	2.7	2:49	-0.6	6:18	6:29	
22	Sat	8:54	5.9	10:32	5.1	2:56	2.2	3:35	-0.8	6:17	6:30	
23	Sun	9:51	6.1	11:06	5.4	3:45	1.6	4:19	-0.8	6:15	6:31	
24	Mon	10:46	6.1	11:41	5.7	4:33	1.0	5:00	-0.6	6:14	6:32	
25	Tue	11:42	5.9			5:22	0.4	5:41	-0.1	6:12	6:32	
26	Wed	12:16	6.0	12:38	5.6	6:12	0.0	6:23	0.4	6:11	6:33	
27	Thu	12:53	6.1	1:36	5.2	7:03	-0.3	7:06	1.1	6:09	6:34	
28	Fri	1:31	6.1	2:40	4.8	7:57	-0.4	7:52	1.7	6:08	6:35	
29	Sat	2:13	6.0	3:52	4.4	8:55	-0.4	8:46	2.4	6:06	6:36	
30	Sun	3:01	5.8	5:17	4.2	10:00	-0.2	9:56	2.8	6:05	6:37	
31	Mon	3:57	5.5	6:45	4.3	11:11	-0.1	11:25	3.1	6:03	6:38	