

Alcatraz Island, CA - Jan 1837

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:26	5.7	7:44	3.7			1:18	1.1	7:32	5:08	
2	Mon	7:02	6.0	9:08	4.0	12:24	2.4	2:12	0.3	7:32	5:09	
3	Tue	7:50	6.4	10:14	4.3	1:18	2.8	3:00	-0.5	7:32	5:10	
4	Wed	8:32	6.7	11:08	4.7	2:18	3.1	3:48	-1.1	7:33	5:11	
5	Thu	9:26	7.0	11:56	4.9	3:12	3.2	4:36	-1.5	7:33	5:12	
6	Fri	10:14	7.2			4:06	3.2	5:24	-1.8	7:33	5:13	
7	Sat	12:44	5.0	11:08 AM	7.2	5:00	3.1	6:12	-1.8	7:32	5:14	
8	Sun	1:26	5.2	12:02	7.0	5:54	2.9	7:00	-1.7	7:32	5:15	
9	Mon	2:08	5.3	12:56	6.6	6:54	2.7	7:42	-1.3	7:32	5:15	
10	Tue	2:50	5.4	1:50	5.9	8:00	2.4	8:30	-0.7	7:32	5:16	
11	Wed	3:38	5.5	2:50	5.2	9:06	2.2	9:18	0.0	7:32	5:17	
12	Thu	4:20	5.7	4:02	4.5	10:24	1.9	10:06	0.8	7:32	5:18	
13	Fri	5:02	5.8	5:32	3.9	11:42	1.4	10:54	1.6	7:31	5:19	
14	Sat	5:50	5.9	7:14	3.7			12:54	0.9	7:31	5:20	
15	Sun	6:38	6.0	8:44	3.9			1:54	0.5	7:31	5:21	
16	Mon	7:20	6.0	9:56	4.3	1:00	2.8	2:48	0.1	7:30	5:23	
17	Tue	8:08	6.1	10:44	4.5	2:00	3.1	3:30	-0.2	7:30	5:24	
18	Wed	8:50	6.1	11:26	4.7	2:54	3.3	4:12	-0.4	7:30	5:25	
19	Thu	9:32	6.1			3:42	3.3	4:48	-0.5	7:29	5:26	
20	Fri	12:08	4.8	10:08 AM	6.1	4:24	3.3	5:24	-0.5	7:29	5:27	
21	Sat	12:38	4.8	10:50 AM	6.1	5:00	3.2	5:54	-0.5	7:28	5:28	
22	Sun	1:08	4.7	11:26 AM	6.0	5:36	3.0	6:24	-0.5	7:28	5:29	
23	Mon	1:32	4.7	12:02	5.8	6:12	2.9	6:54	-0.4	7:27	5:30	
24	Tue	2:02	4.8	12:38	5.5	6:54	2.7	7:18	-0.2	7:26	5:31	
25	Wed	2:26	4.9	1:14	5.2	7:36	2.6	7:48	0.1	7:26	5:32	
26	Thu	2:56	5.0	2:02	4.7	8:18	2.4	8:24	0.6	7:25	5:33	
27	Fri	3:26	5.2	2:56	4.2	9:18	2.1	8:54	1.2	7:24	5:34	
28	Sat	3:56	5.4	4:08	3.8	10:18	1.7	9:36	1.9	7:24	5:36	
29	Sun	4:38	5.6	5:56	3.5	11:30	1.2	10:30	2.5	7:23	5:37	
30	Mon	5:26	5.8	7:50	3.7			12:42	0.6	7:22	5:38	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Tue	6:20	6.0	9:14	4.0			1:42	0.0	7:21	5:39	