

Alcatraz Island, CA - Mar 1839

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:35	5.2	12:07	5.2	6:08	1.5	6:18	0.4	6:48	6:09	
2	Sat	12:57	5.2	12:47	4.9	6:44	1.3	6:44	0.9	6:47	6:10	
3	Sun	1:19	5.3	1:29	4.5	7:21	1.1	7:10	1.4	6:45	6:11	
4	Mon	1:42	5.3	2:17	4.1	8:00	1.0	7:37	1.9	6:44	6:12	
5	Tue	2:08	5.4	3:15	3.8	8:45	0.9	8:06	2.5	6:43	6:13	
6	Wed	2:39	5.3	4:37	3.5	9:37	0.9	8:39	3.0	6:41	6:14	
7	Thu	3:20	5.3	6:38	3.5	10:42	0.8	9:32	3.4	6:40	6:15	
8	Fri	4:14	5.2	8:21	3.8	11:56	0.6	11:17	3.6	6:38	6:16	
9	Sat	5:22	5.2	9:05	4.0			1:06	0.3	6:37	6:17	
10	Sun	6:34	5.3	9:36	4.3	12:53	3.5	2:03	-0.1	6:35	6:18	
11	Mon	7:39	5.6	10:04	4.5	1:56	3.2	2:50	-0.4	6:34	6:19	
12	Tue	8:37	5.8	10:31	4.8	2:46	2.7	3:31	-0.7	6:32	6:20	
13	Wed	9:32	6.0	10:59	5.1	3:31	2.1	4:10	-0.7	6:31	6:21	
14	Thu	10:25	6.0	11:28	5.4	4:16	1.5	4:47	-0.6	6:29	6:22	
15	Fri	11:19	5.9	11:59	5.8	5:03	0.9	5:24	-0.2	6:28	6:23	
16	Sat			12:14	5.6	5:50	0.3	6:02	0.3	6:26	6:24	
17	Sun	12:32	6.1	1:11	5.2	6:40	-0.2	6:41	1.0	6:25	6:25	
18	Mon	1:07	6.3	2:15	4.8	7:33	-0.4	7:22	1.7	6:23	6:26	
19	Tue	1:46	6.3	3:27	4.4	8:30	-0.5	8:09	2.4	6:22	6:27	
20	Wed	2:30	6.2	4:52	4.1	9:35	-0.4	9:08	2.9	6:20	6:28	
21	Thu	3:24	5.9	6:28	4.1	10:49	-0.2	10:33	3.3	6:19	6:29	
22	Fri	4:31	5.6	7:47	4.4			12:08	-0.1	6:17	6:30	
23	Sat	5:48	5.4	8:42	4.6	12:11	3.2	1:20	-0.2	6:16	6:30	
24	Sun	7:04	5.3	9:25	4.8	1:30	2.9	2:18	-0.2	6:14	6:31	
25	Mon	8:10	5.2	10:01	5.0	2:30	2.5	3:04	-0.1	6:12	6:32	
26	Tue	9:06	5.2	10:31	5.1	3:19	2.0	3:43	0.0	6:11	6:33	
27	Wed	9:55	5.1	10:57	5.2	4:01	1.6	4:15	0.2	6:09	6:34	
28	Thu	10:40	5.0	11:20	5.2	4:38	1.2	4:45	0.5	6:08	6:35	
29	Fri	11:23	4.8	11:40	5.3	5:13	0.9	5:12	0.9	6:06	6:36	
30	Sat			12:05	4.7	5:46	0.6	5:38	1.3	6:05	6:37	
31	Sun	12:01	5.4	12:47	4.5	6:18	0.4	6:05	1.7	6:03	6:38	