

Alcatraz Island, CA - May 1840

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:41	4.8	10:48	6.5	4:49	-1.0	4:34	1.9	5:20	7:07	
2	Sat			12:40	4.8	5:36	-1.5	5:18	2.3	5:18	7:08	
3	Sun			1:40	4.7	6:25	-1.7	6:06	2.7	5:17	7:08	
4	Mon	12:14	6.6	2:41	4.6	7:17	-1.7	7:00	2.9	5:16	7:09	
5	Tue	1:04	6.4	3:44	4.6	8:13	-1.5	8:04	3.1	5:15	7:10	
6	Wed	2:00	6.0	4:49	4.6	9:13	-1.1	9:23	3.1	5:14	7:11	
7	Thu	3:04	5.5	5:50	4.7	10:17	-0.7	10:53	2.8	5:13	7:12	
8	Fri	4:17	5.0	6:44	4.9	11:21	-0.3			5:12	7:13	
9	Sat	5:36	4.6	7:30	5.2	12:15	2.4	12:20	0.0	5:11	7:14	
10	Sun	6:57	4.3	8:09	5.4	1:23	1.7	1:12	0.4	5:10	7:15	
11	Mon	8:12	4.1	8:44	5.6	2:20	1.1	1:58	0.9	5:09	7:16	
12	Tue	9:19	4.1	9:14	5.7	3:08	0.5	2:40	1.4	5:08	7:17	
13	Wed	10:19	4.2	9:42	5.8	3:50	0.1	3:18	1.8	5:07	7:17	
14	Thu	11:13	4.2	10:09	5.8	4:27	-0.3	3:55	2.3	5:06	7:18	
15	Fri			12:02	4.3	5:02	-0.5	4:31	2.6	5:05	7:19	
16	Sat			12:48	4.3	5:35	-0.6	5:07	2.9	5:05	7:20	
17	Sun			1:32	4.3	6:08	-0.7	5:43	3.1	5:04	7:21	
18	Mon			2:15	4.3	6:43	-0.7	6:21	3.3	5:03	7:22	
19	Tue	12:11	5.6	2:59	4.2	7:20	-0.6	7:01	3.3	5:02	7:23	
20	Wed	12:49	5.4	3:44	4.2	8:01	-0.5	7:49	3.4	5:02	7:23	
21	Thu	1:31	5.2	4:30	4.2	8:44	-0.4	8:50	3.3	5:01	7:24	
22	Fri	2:19	4.9	5:15	4.3	9:31	-0.2	10:05	3.2	5:00	7:25	
23	Sat	3:16	4.6	5:55	4.5	10:20	0.0	11:22	2.8	5:00	7:26	
24	Sun	4:25	4.2	6:31	4.8	11:11	0.3			4:59	7:27	
25	Mon	5:46	4.0	7:05	5.2	12:28	2.2	12:01	0.6	4:58	7:27	
26	Tue	7:11	3.9	7:39	5.6	1:24	1.4	12:50	1.1	4:58	7:28	
27	Wed	8:31	4.0	8:14	6.0	2:13	0.6	1:39	1.5	4:57	7:29	
28	Thu	9:43	4.2	8:51	6.4	3:01	-0.2	2:27	2.0	4:57	7:30	
29	Fri	10:48	4.4	9:33	6.8	3:47	-1.0	3:16	2.4	4:56	7:30	
30	Sat	11:48	4.6	10:17	6.9	4:35	-1.5	4:06	2.7	4:56	7:31	
31	Sun			12:44	4.8	5:24	-1.9	4:58	2.9	4:56	7:32	