

Alcatraz Island, CA - Jul 1840

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed			2:04	5.1	6:50	-1.6	6:45	2.7	4:57	7:42	
2	Thu	12:41	6.5	2:47	5.3	7:36	-1.2	7:48	2.5	4:58	7:42	
3	Fri	1:35	5.9	3:30	5.4	8:21	-0.7	8:55	2.3	4:58	7:42	
4	Sat	2:32	5.2	4:11	5.5	9:04	-0.1	10:06	2.0	4:59	7:42	
5	Sun	3:37	4.5	4:53	5.6	9:49	0.7	11:18	1.7	5:00	7:41	
6	Mon	4:54	3.9	5:35	5.7	10:36	1.4			5:00	7:41	
7	Tue	6:29	3.6	6:16	5.8	12:26	1.2	11:28 AM	2.1	5:01	7:41	
8	Wed	8:09	3.7	6:58	5.9	1:27	0.8	12:26	2.7	5:01	7:41	
9	Thu	9:27	3.9	7:40	5.9	2:20	0.4	1:25	3.1	5:02	7:40	
10	Fri	10:25	4.2	8:21	6.0	3:06	0.1	2:20	3.3	5:03	7:40	
11	Sat	11:10	4.4	9:03	6.1	3:47	-0.2	3:09	3.4	5:03	7:40	
12	Sun	11:48	4.5	9:43	6.1	4:25	-0.3	3:53	3.4	5:04	7:39	
13	Mon			12:21	4.6	5:00	-0.5	4:32	3.3	5:05	7:39	
14	Tue			12:51	4.6	5:33	-0.6	5:10	3.2	5:05	7:38	
15	Wed			1:19	4.7	6:05	-0.6	5:47	3.1	5:06	7:38	
16	Thu			1:47	4.8	6:36	-0.6	6:27	2.9	5:07	7:37	
17	Fri	12:18	5.8	2:16	5.0	7:07	-0.5	7:11	2.7	5:07	7:37	
18	Sat	1:00	5.5	2:45	5.1	7:39	-0.2	8:01	2.5	5:08	7:36	
19	Sun	1:46	5.1	3:16	5.4	8:13	0.2	8:58	2.2	5:09	7:35	
20	Mon	2:42	4.6	3:50	5.6	8:50	0.8	10:02	1.7	5:10	7:35	
21	Tue	3:54	4.1	4:28	5.9	9:32	1.5	11:12	1.2	5:10	7:34	
22	Wed	5:29	3.7	5:13	6.1	10:21	2.2			5:11	7:33	
23	Thu	7:17	3.7	6:05	6.4	12:23	0.6	11:23 AM	2.8	5:12	7:33	
24	Fri	8:48	4.0	7:02	6.7	1:29	0.0	12:34	3.1	5:13	7:32	
25	Sat	9:53	4.4	8:01	6.9	2:29	-0.5	1:44	3.3	5:14	7:31	
26	Sun	10:44	4.7	8:59	7.1	3:24	-1.0	2:49	3.2	5:14	7:30	
27	Mon	11:28	4.9	9:55	7.1	4:14	-1.2	3:48	3.0	5:15	7:29	
28	Tue			12:09	5.1	5:01	-1.3	4:43	2.7	5:16	7:29	
29	Wed			12:47	5.3	5:45	-1.2	5:38	2.4	5:17	7:28	
30	Thu			1:25	5.4	6:26	-1.0	6:32	2.1	5:18	7:27	
31	Fri	12:31	6.2	2:01	5.6	7:05	-0.5	7:27	1.9	5:19	7:26	