

Alcatraz Island, CA - Oct 1840

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:20	4.2	2:25	5.4	8:26	3.5	9:45	0.7	6:12	5:59	
2	Fri	5:47	4.1	3:19	5.1	9:39	3.7	10:53	0.8	6:13	5:58	
3	Sat	7:07	4.2	4:26	5.0	11:18	3.7			6:14	5:56	
4	Sun	7:56	4.4	5:39	4.9	12:02	0.8	12:35	3.4	6:15	5:55	
5	Mon	8:30	4.6	6:48	5.0	1:01	0.6	1:31	3.1	6:16	5:53	
6	Tue	8:56	4.8	7:48	5.1	1:48	0.5	2:15	2.6	6:17	5:52	
7	Wed	9:20	5.0	8:42	5.2	2:28	0.5	2:54	2.1	6:18	5:50	
8	Thu	9:44	5.3	9:34	5.3	3:03	0.5	3:31	1.5	6:18	5:49	
9	Fri	10:09	5.6	10:25	5.3	3:36	0.7	4:08	0.9	6:19	5:47	
10	Sat	10:36	5.9	11:17	5.2	4:09	1.0	4:46	0.3	6:20	5:46	
11	Sun	11:04	6.2			4:43	1.4	5:27	-0.2	6:21	5:44	
12	Mon	12:11	5.1	11:36 AM	6.4	5:20	1.9	6:11	-0.6	6:22	5:43	
13	Tue	1:08	5.0	12:13	6.6	5:59	2.4	7:00	-0.8	6:23	5:42	
14	Wed	2:10	4.8	12:54	6.5	6:42	2.8	7:53	-0.7	6:24	5:40	
15	Thu	3:18	4.6	1:44	6.4	7:33	3.2	8:54	-0.6	6:25	5:39	
16	Fri	4:33	4.5	2:44	6.1	8:39	3.4	10:03	-0.4	6:26	5:37	
17	Sat	5:48	4.6	3:56	5.7	10:09	3.5	11:17	-0.2	6:27	5:36	
18	Sun	6:53	4.8	5:16	5.4	11:45	3.2			6:28	5:35	
19	Mon	7:43	5.1	6:37	5.2	12:25	0.0	1:02	2.6	6:29	5:33	
20	Tue	8:25	5.4	7:50	5.1	1:23	0.1	2:03	1.9	6:30	5:32	
21	Wed	9:01	5.6	8:55	5.1	2:11	0.4	2:55	1.3	6:31	5:31	
22	Thu	9:34	5.9	9:54	5.0	2:54	0.7	3:41	0.7	6:32	5:29	
23	Fri	10:03	6.0	10:48	4.9	3:32	1.1	4:22	0.3	6:33	5:28	
24	Sat	10:31	6.1	11:40	4.9	4:08	1.6	5:00	-0.1	6:34	5:27	
25	Sun	10:58	6.1			4:43	2.1	5:36	-0.2	6:35	5:26	
26	Mon	12:30	4.8	11:25 AM	6.0	5:18	2.6	6:12	-0.3	6:36	5:24	
27	Tue	1:19	4.7	11:52 AM	5.9	5:53	2.9	6:49	-0.3	6:37	5:23	
28	Wed	2:09	4.5	12:24	5.8	6:31	3.3	7:28	-0.1	6:38	5:22	
29	Thu	3:02	4.4	12:59	5.6	7:11	3.5	8:11	0.0	6:39	5:21	
30	Fri	4:01	4.3	1:42	5.3	8:01	3.6	9:01	0.2	6:40	5:20	
31	Sat	5:03	4.3	2:34	5.0	9:10	3.7	9:57	0.4	6:41	5:19	