

Alcatraz Island, CA - Nov 1840

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:01	4.3	3:37	4.7	10:41	3.6	10:57	0.5	6:42	5:18	
2	Mon	6:46	4.5	4:49	4.5	11:59	3.3	11:53	0.6	6:43	5:16	
3	Tue	7:20	4.7	6:05	4.4			12:59	2.8	6:44	5:15	
4	Wed	7:50	5.0	7:17	4.4	12:43	0.7	1:46	2.2	6:45	5:14	
5	Thu	8:17	5.3	8:23	4.5	1:27	0.9	2:27	1.5	6:47	5:13	
6	Fri	8:45	5.7	9:25	4.6	2:08	1.2	3:07	0.7	6:48	5:12	
7	Sat	9:14	6.1	10:24	4.8	2:47	1.5	3:46	0.0	6:49	5:12	
8	Sun	9:46	6.4	11:21	4.9	3:27	1.9	4:28	-0.7	6:50	5:11	
9	Mon	10:21	6.7			4:08	2.3	5:11	-1.1	6:51	5:10	
10	Tue	12:18	4.9	11:00 AM	6.9	4:51	2.7	5:58	-1.4	6:52	5:09	
11	Wed	1:15	4.9	11:44 AM	6.9	5:37	3.0	6:48	-1.5	6:53	5:08	
12	Thu	2:14	4.9	12:34	6.7	6:29	3.2	7:42	-1.3	6:54	5:07	
13	Fri	3:14	4.8	1:28	6.4	7:29	3.3	8:39	-1.0	6:55	5:06	
14	Sat	4:15	4.8	2:31	5.9	8:43	3.3	9:40	-0.6	6:56	5:06	
15	Sun	5:14	4.9	3:42	5.4	10:12	3.1	10:43	-0.2	6:57	5:05	
16	Mon	6:08	5.1	5:01	4.9	11:39	2.6	11:44	0.2	6:58	5:04	
17	Tue	6:56	5.4	6:26	4.5			12:53	2.0	6:59	5:04	
18	Wed	7:38	5.7	7:47	4.4	12:39	0.7	1:54	1.3	7:01	5:03	
19	Thu	8:15	5.9	8:59	4.4	1:29	1.2	2:46	0.7	7:02	5:02	
20	Fri	8:49	6.1	10:03	4.4	2:15	1.7	3:30	0.1	7:03	5:02	
21	Sat	9:20	6.2	10:59	4.5	2:57	2.1	4:10	-0.2	7:04	5:01	
22	Sun	9:50	6.2	11:50	4.6	3:37	2.6	4:46	-0.5	7:05	5:01	
23	Mon	10:19	6.2			4:17	2.9	5:20	-0.6	7:06	5:00	
24	Tue	12:37	4.7	10:49 AM	6.1	4:55	3.2	5:54	-0.6	7:07	5:00	
25	Wed	1:21	4.7	11:22 AM	6.0	5:33	3.4	6:29	-0.6	7:08	4:59	
26	Thu	2:03	4.6	11:56 AM	5.8	6:12	3.5	7:06	-0.5	7:09	4:59	
27	Fri	2:44	4.5	12:34	5.6	6:53	3.5	7:45	-0.3	7:10	4:59	
28	Sat	3:26	4.5	1:15	5.4	7:40	3.5	8:26	-0.2	7:11	4:58	
29	Sun	4:09	4.5	2:01	5.1	8:37	3.5	9:09	0.1	7:12	4:58	
30	Mon	4:50	4.6	2:55	4.7	9:49	3.3	9:56	0.3	7:13	4:58	